

Plong

拍數: 32 牆數: 4 級數: Improver
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音樂: Plong - Didi Kempot



Intro : 32 counts

I. SIDE, TOGETHER, SIDE, BUMP.

1, 2, 3, 4 Step RF To Right, Step LF Beside RF, Step RF To Right, Touch (Bump) L Hip To Left.
5, 6, 7, 8 Step LF To Left, Step RF Beside LF, Step LF To Left, Touch (Bump) R Hip To Right.

II. RF FORWARD, 1/4 TURN RIGHT , RECOVER, HOOK, 1/2 TURN LEFT , TOUCH.

1, 2, 3, 4 Step RF Forward, 1/4 Turn Right Step LF Beside RF, Step RF To Side, Hook On LF.
5, 6, 7, 8 1/4 Turn Left Step LF Forward, 1/4 Turn Left Step RF Beside LF, Step LF To Side, Touch RF Beside LF.

III. V STEP , TOE STRUT R & L.

1, 2, 3, 4 Step RF Diagonal Forward To Right, Step LF Diagonal Forward To Left, Step RF Back To Center, Step LF Beside RF.
5, 6, 7, 8 Touch RF Toe Forward, Drop RF Heel (Take Weight) , Touch LF Toe Forward , Drop LF Heel (Take Weight) .

IV. ROCKING CHAIR, 1/4 TURN RIGHT, 1/4 TURN RIGHT.

1, 2, 3, 4 Step RF Forward, Recover On LF, Step RF Back, Recover On LF.
5, 6, 7, 8 1/4 Turn Right Step RF Forward, Step LF Beside RF, 1/4 Turn Right Step RF Forward, Step LF Beside RF.

Tag :

****1 2 3 4 : Step RF To Side, Touch LF Beside RF, Step LF To Side, Touch RF Beside LF**

****5 6 7 8 : Step RF To Side, Touch LF Beside RF, Step LF To Side , Touch RF Beside LF**

- After Wall 2 (4 counts)
- After Wall 5 (8 counts)
- After Wall 6 (8 counts)
- After Wall 9 (4 counts)
- After Wall 12 (8 counts)

Restart : After 16 counts

- On Wall 4 & Wall 11

Enjoy Dancing !

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