Baker's Blackbird

級數: Improver

編舞者: Lynne Herman (USA) & David Herman (USA) - February 2022

音樂: Blackbird - Kaitlyn Baker

INTRO: 32 Counts

RESTART: After 16 counts, Wall #3, facing 3:00

- S1 (1-8): LONG STEP BACK W/DRAG, HOLD, BALL, WALK X2, RUMBA FORWARD X2
- 1 2& Long step back with RF (1); hold, gradually dragging LF back (2); briefly recover LF with weight beside RF (&)

OPTIONAL HAND MOVEMENT: Consider a "pushing back" motion on counts 1-2

- 3 4 Step RF forward (3); step LF forward (4)
- 5&6 Step RF to right side (5); step LF beside RF (&); step RF forward (6)
- 7&8 Step LF to left side (7); step RF beside LF (&); step LF forward (8)(12:00)

S2 (9-16): FWD-ROCK, RECOVER ¼ RIGHT, SIDE, CROSS, SIDE, HEEL TOUCH, HOLD W/TWO CLAPS, BALL, ROCK, RECOVER

- 123 Rock RF forward (1); recover weight to LF while beginning ¼ turn right (2); step RF to right, completing the turn to 3:00 (3)
- 4&5&6 Step LF across in front of RF (4); step RF to right side (&); touch left heel forward (5); hold with clap (&); hold with clap (6)
- &7 8 Recover LF beside RF (&); rock RF forward (7); recover weight to LF (8)(3:00)

RESTART HERE, Wall #3

S3 (17-24): DIAGONAL BACK LOCK STEPS (2 SETS), BACK-ROCK, RECOVER, ¾ TURN LEFT WITH SWEEP

- 1&2 Facing 4:30, step RF back toward right-rear diagonal (1); step LF across in front of RF (&); step RF back toward right-rear diagonal (2)
- 3&4 Facing 1:30, step LF back toward left-rear diagonal (3); step RF across in front of LF (&); step LF back toward left-rear diagonal (4)
- 5 6 Squaring at 3:00, rock back on RF, prepping for left turn (5); recover weight to LF, turning ½ left on ball of LF to 9:00 (6)
- 7 8 Step back on RF, making additional ¼ turn left to 6:00 (7); step LF to left side, sweeping RF from back to front (8) (6:00)

ALTERNATE STEP: Don't care for the 3/4 left turn? Replace it with:

- 5 6 Rock back on RF, turning to face 6:00 (5); recover weight to LF (6) (6:00)
- 7 8 Step RF across LF (7); step LF to left side (8)

S4 (25-32): SYNC JAZZ BOX WITH CROSS, SIDE, SAILOR ¼ LEFT WITH HEEL TOUCH, RECOVER (BALL), WALK, WALK-HITCH

- 1 2&3 4 Cross RF in front of LF (1); step LF back (2); step RF to right side (&); cross LF in front of RF (3); step RF to right side (4)
- 5& Sweep LF behind RF, beginning ¼ turn left to 3:00 (5); step RF to right side,completing the turn to 3:00 (&)
- 6& Touch left heel forward (6); briefly recover LF with weight beside RF (&)
- 7 8 Step RF forward (7); step LF forward in extended rock, hitching right knee slightly,preparing to restart dance at Count 1 with long RF step back (8) (3:00)

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拍數: 32

牆數:4