

Debilidad

拍數: 32 牆數: 4 級數: Beginner
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音樂: Debilidad (Svag) (Spanish Bachata Version) - Nando F.V



Intro: 32 counts. No Tags Or Restarts

Section 1: Modified Rumba Box. ¼ Turn right.

- 1-2 Step right to right side. Step left beside right taking weight.
- 3-4 Step forward on right. Hitch left knee up beside right.
- 5-6 Step left to left side. Step right beside left taking weight.
- 7-8 Step back on left. Turn ¼ right on left foot hitching right knee up beside left.

Option: Replace the hitches in section 1 and 2 with touches if you prefer that.

Section 2: Modified Rumba Box.

- 1-2 Step right to right side. Step left beside right taking weight.
- 3-4 Step forward on right. Hitch left knee up beside right.
- 5-6 Step left to left side. Step right beside left taking weight.
- 7-8 Step back on left. Hitch right knee up beside left.

Option :Replace the hitches in section 1 and 2 with touches if you prefer that.

Section 3: Slow Coaster Step. Hold. Step. ½ Turn right. Step. Touch.

- 1-4 Step back on right. Step left beside right. Step forward on right. Hold.
- 5-8 Step forward on left. Turn ½ right. Step forward on left. Touch right beside left.

Section 4: Sway right. Touch. Sway left. Touch. Weave.

- 1-4 Sway right. Touch left beside right. Sway left. Touch right beside left.
- 5-8 Step right to right side. Cross left behind right. Step to right side. Cross left over right.

Optional ending: Turn ¼ left, after the weave, to end facing the front wall.
