

Only Human

拍數: 32 牆數: 4 級數:
編舞者: Kim McCloughan (AUS) - March 2017
音樂: Human - Rag'n'Bone Man : (Album: Human, Deluxe)



Original Postion : Feet Together Weight On Left Foot

This Dance Is Done In Four Directions. Introduction

Walk, Walk, Forward-Together-Back-Together, Walk, Walk, Quick Pivot Half, Step.

1-2 Step R Forward, Step L Forward.
3&4& Step R Forward, Step L Together, Step R Back, Step L Together.
5-6 Step R Forward, Step L Forward.
7&8 Step R Forward, Turn 180degrees Left Take Weight Onto L Step R Forward.

Side-Rock-Cross, Side-Rock-Cross, ¼ Turn R, ½ Turn R Shuffle Forward, ½ R Step Back

1&2 Step L To The Side, Step R To The Side, Cross Step L Over Right.
3&4 Step R To The Side, Step L To The Side, Cross Step R Over Left.
5 90degree Turn R Step Back On Left.
6&7 180degree Turn R Shuffle Forward Stepping: Rlr
8 * 180degree Turn R Step L Foot Back

Back, Forward, Together, Step, Shuffle Forward, ½ Turn Sweep, Behind-Side-Cross-Side.

1-2& Step R Back, Step L Forward, Step R Together.
3 Step L Forward
4& 5 Shuffle Forward Stepping: RL ** R
6 Step L Forward And Sweep Around As You Turn 180degrees Right.
7&8& Step R Behind Left, Step L To The Side, Step R Over Left, Step L To The Side.

Back, Forward, Full Turn, Shuffle Forward, Forward, Back, Back, Forward.

1-2 Step R Back, Step L Forward.
3 Turn 360degrees L Stepping Forward On R Foot
4&5 Shuffle Forward Stepping: Lrl
6& Step R Forward, Step L Back.
7-8 Step R Back, Step L Forward

[32] Repeat The Dance In New Direction

Restarts:

On Wall 6 Dance To Count 16* Then Restart The Dance Facing 12.00 Wall.

On Wall 7 Dance To Count 20& Then Restart The Dance Facing 9.00 Wall.
(It's Like The Last Step In The Shuffle Is The First Step In The Dance)**