

The Easy Part

拍數: 32 牆數: 4 級數: Improver
編舞者: Emmanuelle GAMBETTE (FR) - February 2022
音樂: The Easy Part - Chuck Wicks : (Album : Starting now)



Intro : 32 counts

S1 : CROSS ROCK, POINT R, BEHIND SIDE CROSS, SIDE, SLIDE/TOUCH, ¼ TURN R SHUFFLE FWD

1-2-3 Cross Rock RF across LF, recover onto LF, point RF to R side
4&5 Cross RF behind LF, step LF to L side, cross RF over LF
6-7 Step LF to L side, drag RF next to LF finishing with a touch
8&1 Step RF ¼ Turn R (3:00), step LF next to RF, step forward on RF

Here : tag/restart on wall 8 (6:00)

S2 : WALK, ½ BACK, COASTER STEP, WALK R, WALK L, MAMBO CROSS

2-3 Step forward on LF, ½ turn L & RF step back (9:00)
4&5 Step back on LF, close RF next to LF, step forward on LF
6-7 Step forward on RF, step forward on LF (Option : Prissy walks)
8&1 Rock RF to R side, recover on LF, cross RF over LF

Here : restart after 8& counts of wall 4 (6:00)

S3 : SWAY, SWAY, L SAILOR STEP, R SAILOR STEP, TOUCH BEHIND ½ UNWIND

2-3 Step L to L side swaying hips L, rock weight onto R swaying hips R
4&5 Step LF behind RF, step RF to R side, step LF to L side
6&7 Step RF behind LF, step LF to L side, step RF to R side
8-1 Touch LF behind RF, unwind ½ left (transferring weight to left) (3:00)

S4 : L FULL TURN FWD, R MAMBO FORWARD, L BACK, R ROCK BACK

2-3 Make ½ turn L step RF back, make ½ turn L step LF forward (easier option : walk R, L)
4&5 Rock RF forward, recover on LF, step back on RF
6-7-8 Step back on LF, rock back on RF, recover on LF

RESTART

After 16& counts of wall 4 facing 6:00.

TAG / RESTART

After 9 counts of wall 8, add the 3 counts tag : walk L,R,L and restart facing 6:00.