

Neon Time (P)

拍數: 64 牆數: 0 級數: Improver Partner
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音樂: Neon Time - Blake Shelton



Starting position face to face take both hands, women I.L.O.D, man O.L.O.D

[1-9] M&W - F Side, Behind, Recover, ¼ Turn Shuffle Fwd, Step, Back ½ Turn, Back Lock Back

1-2-3 M: R foot to right - L foot crossed behind - return on R foot
 W: L foot to left - R foot crossed behind - return on L foot

Leave woman's right hand

4&5 M: L foot to side - R foot next to the L foot - ¼ turn to left L foot in front
 W: R foot to side - L foot next to the R foot - ¼ turn to right R foot in front

Let go of the woman's left hand, take her right hand

6-7 M: R foot in front - ½ turn to right L foot behind
 W: L foot in front - ½ turn to left R foot behind
8&1 M: R foot back - L foot crossed in front (lock) - R foot behind
 W: L foot back - R foot crossed in front (lock) - L foot behind

[10-16] M&W: Back Rock, Step Lock Step, Step, ½ Turn, Step Lock Step

2-3 M: L foot behind - return on R foot
 W: R foot behind - return on L foot
4&5 M: L foot in front - R foot crossed behind (lock) - L foot in front
 W: R foot in front - L foot crossed behind (lock) - R foot in front

Leave the woman's right hand, take the left hand

6-7 M: R foot in front - ½ turn to left weight on L foot
 W: L foot in front - ½ turn to right weight on R foot
8&1 M: R foot in front - L foot crossed behind (lock) - R foot in front
 W: L foot in front - R foot crossed behind (lock) - L foot in front

[18-25] M&W: Full Turn, Shuffle Fwd, (Walk) x 2, Shuffle Fwd

Leave the hands

2-3 M: ½ turn to right L foot behind - ½ turn to right R foot in front
 W: ½ turn to left R foot behind - ½ turn to left L foot in front

Take woman's left hand

4&5 M: L foot in front - R foot next the L foot - L foot in front
 W: R foot in front - L foot next to the R foot - R foot in front
6-7 M: R foot in front - L foot in front
 W: L foot in front - R foot in front
8&1 M: R foot in front - L foot next to the R foot - R foot in front
 W: L foot in front - R foot next the L foot - L foot in front

[26-33] M&W: Side, Recover ¼ Turn, Shuffle Fwd, Step, ½ Turn, Shuffle Side

2-3 M: L foot to left - return with ¼ turn to right L foot in front
 W: R foot to right - return with ¼ turn to left R foot in front

Let the woman's left hand, take her right hand over the woman's head

4&5 M: L foot in front - R foot next to the L foot - L foot in front
 W: R foot in front - L foot next to the R foot - R foot in front
6-7 M: R foot in front - ½ turn to left weight on L foot
 W: L foot in front - ½ turn to right weight on R foot

Take both hands face to face

8&1 M: R foot to right - L foot next to the R foot - R foot to right

W: L foot to left - R foot next to the L foot - L foot to left

[33-40] M&W: Slide Touch, Side, Slide Touch, Side, Together, ¼ Turn Shuffle Fwd4

2-3-4 M: L foot slide touch next to the R foot - L foot to left - R foot slide touch next to the L foot
W: R foot slide touch next to the L foot - R foot to right - L foot slide touch next to the R foot

Keep the woman's right hand

5-6 M: R foot to right - L foot next to the R foot
W: L foot to left - R foot next to the L foot
7&8 M: R foot to right - L foot next to the R foot - ¼ turn to right R foot in front
W: L foot to left - R foot next to the L foot - ¼ turn to left L foot in front

[41-48] M : Side, Together, Shuffle Fwd, Step, Touch, Rock Step

[41-48] W: ¼ Turn Side, ¼ Turn Back, Shuffle Back, Back, Touch, Back Rock

Pass the right hand over the woman's head

1-2 M: L foot to left - R foot next to the L foot
W: ¼ turn to left R foot to side - ¼ turn to left L foot behind

Take a closed position

3&4 M: L foot in front - R foot next to the L foot - L foot in front
W: R foot behind - L foot next to the R foot - R foot behind
5-6 M: R foot in front - L foot touch next to the R foot
W: L foot behind - R foot touch next to the L foot
7-8 M: L foot in front - return to the R foot
W: R foot behind - return to the L foot

[49-56] M: Shuffle Back, Back Rock, Shuffle Fwd, (Walk) x 2

[49-56] W: Shuffle Fwd, Step, ½ Turn, Shuffle Fwd, (Walk) x 2
1&2 M: L foot behind - R foot next to the L foot - L foot behind
W: R foot in front - L foot next to the R foot - R foot in front

Leave closed position, keep woman's left hand

3-4 M: R foot behind - return on L foot
W: L foot in front slightly to the side of the man - ½ turn to right weight on R foot
5&6 M: R foot in front - L foot next to the R foot - R foot in front
W: L foot in front - R foot next to the L foot - L foot in front
7-8 M: L foot in front - R foot in front
W: R foot in front - L foot in front

[57-64] M&W: (Step, ½ Turn) x 2, ¼ Turn, (Sway) x 2, Touch

Let left hand take right hand

1-2 M: L foot in front - ½ turn to right weight on R foot
W: R foot in front - ½ turn to left weight on L foot

Let right hand take left hand

3-4 M: L foot in front - ½ turn to right weight on R foot
W: R foot in front - ½ turn to left weight on L foot

Take the starting position face to face take both hands

5-6 M: ¼ turn to right L foot to left - sway to right weight on R foot
W: ¼ turn to left R foot to left - sway to left weight on L foot
7-8 M: Sway to left weight on L foot - R foot in touch next to the L foot
W: Sway to right weight on R foot - L foot in touch next to the R foot

Start over
