

After the Rain

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Frank Trace (USA) - February 2022
音樂: Because of You - 98°



Dance starts after the lyrics "It's all, it's all, it's all".

No tags or restarts!

ROCK, RECOVER, SHUFFLE BACK, ROCK, RECOVER, SHUFFLE FORWARD

1-2 Rock R forward, recover onto L
3&4 Shuffle back stepping R, L, R
5-6 Rock back on L, recover onto R
7&8 Shuffle forward stepping L, R, L

SIDE ROCK, SHUFFLE FORWARD, ROCK, RECOVER, SHUFFLE ½ TURN

1-2 Rock R to right side, recover onto L (sway hips right & left as you side rock)
3&4 Shuffle forward stepping R, L, R
5-6 Rock L forward, recover onto R
7&8 Triple ½ turn left stepping L, R, L (6:00)

(Option; shuffle back L, R, L)

SHUFFLE ½ TURN, TURN ¼ SHUFFLE SIDE, CROSS OVER, STEP BACK, SIDE SHUFFLE RIGHT

1&2 Triple ½ turn left stepping R, L, R (12:00)
(Option; shuffle back R, L, R)
3&4 Turning ¼ left side shuffle stepping L, R, L (9:00)
5-6 Cross step R over L, step L back
7&8 Side shuffle to the right stepping R, L, R

CROSS OVER, STEP SIDE, SAILOR, BEHIND, ¼ TURN STEP, WALK, WALK

1-2 Step L over R, step R to right side
3&4 Step L behind R, step R to side, step L next to R
5-8 Step R behind L, turning ¼ left step L forward, walk forward stepping R, L (6:00)

BEGIN AGAIN
