

# Our Poney Express

**COPPER** **KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Improver / Intermediate  
編舞者: Martine Canonne (FR) & Agnes Gauthier (FR) - January 2022  
音樂: Poney express - Urbain Lambert : (CD: Qui n'ose rien - iTunes)



**Start : 32 counts**

## **S 1 : GALLOP, SIDE LEFT & SLIDE RF, BEHIND-SIDE-CROSS**

1&2&3&4      Gallop diagonal right fwd  
5 - 6      Step LF to left side, slide RF next to LF (open your body slightly diagonal right)  
7 & 8      Cross RF behind LF, step LF to left side, cross RF over LF

## **S 2 : SIDE ROCK, CROSS & CROSS, PIVOT ¼, PIVOT ¼, PIVOT ½, TOGETHER**

1 - 2      Step LF to left side, recover onto RF  
3 & 4      Cross LF over RF, step RF to right side, cross LF over RF  
5 - 6      Turn ¼ left stepping RF back (09:00), turn ¼ left stepping LF fwd (06:00)  
7 - 8      Turn ½ left stepping RF back, step LF next to RF (weight onto LF) (12:00)

## **S 3 : GALLOP, SIDE LEFT & SLIDE RF, BEHIND-SIDE-CROSS**

1&2&3&4      Gallop diagonal right  
5 - 6      Step LF to left side, slide RF next to LF (open your body slightly diagonal right)  
7 & 8      Cross RF behind LF, step LF to left side, cross RF over LF

## **S 4 : SCISSOR CROSS, ¼ TRIPLE BACK, TRIPLE ½ LEFT, PIVOT ½, TOGETHER**

1 & 2      Step LF to left side, step RF next to LF, cross LF over RF  
3 & 4      Turn ¼ left stepping RF back, step LF next to RF, step RF back (09:00)  
5 & 6      Turn ¼ left stepping LF to left side, step RF next to LF, turn ¼ left stepping LF fwd (03:00)  
7 - 8      Turn ½ left stepping RF back, step LF next to RF (weight onto LF) (09:00)

## **S 5 : TRIPLE RIGHT & LEFT FWD, ROCK STEP, OUT-OUT, IN-IN**

1&2      Step RF fwd, step LF next to RF, step RF fwd  
3&4      Step LF fwd, step RF next to LF, step LF fwd  
5 - 6      Step RF fwd, recover onto LF  
&7&8      OUT-OUT IN-IN : step RF to right side, step LF to left side, step RF in the center, step LF next to RF

## **S 6 : STEP ¼ X2, CROSS-TURN ¼ RIGHT- HEEL, TOGETHER, CROSS & CROSS**

1 - 4      Step RF fwd, turn ¼ left, step RF fwd, turn ¼ left (weight onto LF) (03:00)  
5 & 6      Cross RF over LF, turn ¼ right stepping LF back, touch heel RF diagonal right (06:00)  
&7&8      Step RF next to LF, cross LF over RF, step RF to right side, cross LF over RF

## **S 7 : STOMP RF & LF, APPLE JACK LEFT, CROSS & CROSS, SIDE LEFT, TURN ¼ w/SIDE**

1 - 2      Stomp RF slightly to right side, stomp LF slightly to left side  
&3&4      Weight onto heel LF & toe RF : swing toe LF & heel RF to left side, recover onto center (weight transfer), weight onto heel RF & toe LF : swing toe RF & heel LF to right side, recover onto center (finish weight onto LF) (OPTION EASY: HEEL FAN IN RF & LF )  
5 & 6      Cross RF over LF, step LF to left side, cross RF over LF  
7 - 8      Step LF to left side, turn ¼ right stepping RF to right side (09:00)

## **S 8 : STOMP LF & RF, APPLE JACK RIGHT, JAZZ BOX TURN ¼ & TOUCH**

1 - 2      Stomp LF slightly to left side, stomp RF slightly to right side

&3&4 Weight onto heel RF & toe LF : swing toe RF & heel LF to right side, recover onto center (weight transfer), weight onto heel LF & toe RF : swing toe LF & heel RF to left side, recover onto center (finish weight onto RF) (OPTION EASY: HEEL FAN IN LF & RF )  
5 - 8 Cross LF over RF, turn ¼ left stepping LF back, step LF to left side, touch RF next to LF (06:00)

**TAG : End wall 2 (12:00) : modify count 8 "touch" by "together" and repeat the last 8 steps but no turn ¼ to the left. Just a Jazz box & touch**

**FINAL : For finish face 12:00 : modify S7 - count 8 by turn ½ right and Stomp LF - RF .**

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