

La Fama Bachata

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 2 級數: High Improver - Bachata
編舞者: Mike Liadouze (FR) - February 2022
音樂: LA FAMA (feat. The Weeknd) - ROSALÍA



Introduction: 15 counts (on lyrics)

Sequence: 64 32 64 T1 48 T2 56 64 64

[1-8] SIDE BASIC CROSSING OVER x2

1-2-3-4 Step LF side, Cross RF over LF, Step LF side, Touch RF together

5-6-7-8 Step RF side, Cross LF over RF, Step RF side, Touch LF together

[9-16] ROCK FORWARD, ¼ L STEP SIDE, POINT, ROLLING VINE TRIPLE FINISH

1-2-3-4 Rock step LF forward, Recover on RF back, ¼ turn L... Step LF side, Point R toe side (9:00)

(Arm styling option : Throw your L arm forward making a circle counter clockwise ☐)

5-6-7&8 ¼ turn R... Step RF forward, ½ turn R... Step LF back, ¼ turn R... Triple RLR side oriented to R diagonal (10:30)

[17-24] REVERSE BASIC, STEP TOUCH x2

1-2-3-4 Cross LF over RF, Step RF side, Step LF diagonally back ↘, Touch RF together (7:30)

5-6-7-8 Step RF diagonally forward ↙, Touch L together, Step LF diagonally back ↘, Touch R together (7:30)

[25-32] REVERSE BASIC ¼ R, STEP TOUCH x2

1-2-3-4 Cross RF over LF, Step LF side, ¼ turn R... Step RF side, Touch LF together (12:00)

5-6-7-8 Step LF forward, Touch RF together, Step RF back, Touch LF together (or ball step L,R on &8)

Restart here 2nd wall (6:00)

[33-40] BACHATA BOX

1-2-3-4 Step LF side, Step RF together, Step LF forward, Touch RF together

5-6-7-8 Step RF side, Step LF together, Step RF back, Touch LF together

[41-48] SIDE CHEST ISOLATION x3, TOUCH, HIP BUMP x3, TOUCH

1-2-3-4 Step LF side & Push chest L, R, L, (easy option : Hip Bump L,R,L) Touch RF together

5-6-7-8 Step RF side & Hip bump R, L, R, Touch LF together

Tag 2 + restart here 4th wall (12:00)

[49-56] FORWARD BASIC w/½ L FLICK, FORWARD BASIC w/BRUSH

1-2-3-4 Step LF forward, Step RF forward, Step LF forward, ½ turn L... Flick RF back (6:00)

5-6-7-8 Step RF forward, Step LF forward, Step RF forward, Brush LF forward

Restart here 5th wall (6:00)

[57-64] BACK BASIC w/HOOK, FORWARD BASIC

1-2-3-4 Step LF back, Step RF back, Step LF back, Hook RF over

5-6-7-8 Step RF forward, Step LF forward, Step RF forward, Touch LF together (or small jump both feet together)

Tag 1: at the end of wall 3 (12:00) : SWAY x2 w/HAND MOVEMENT

1-2-3-4 Sway L rising L hand side up (2 counts), Sway R rising R hand side up (2 counts)

5-6-7-8 Slowly lower hand down (4 counts)

Tag 2: after 48 counts of wall 4 (12:00) : HIP ROLL, TOUCH

1-2-3-4 Step LF side & bumping L hip side, Slow hip roll counterclockwise □ (2 counts), Touch LF together

Ending : Make a ½ turn R stepping LF back, crossing arms over chest (12:00)

Have FUN !!!

Last Update - 17 Feb. 2022
