

She's a Lady!

拍數: 32 牆數: 2 級數: Beginner
編舞者: Lynn Funk (USA) - February 2022
音樂: She's a Lady - Tom Jones : (CD: The Millennium Collection)



Dance starts at 16 counts with the vocals

Toe Struts, Right Rock/Recover, Behind/Side

- 1-4 Touch R Toe Forward (slightly angled to Right), Step Down on R Foot, Touch L Toe Slightly Across R Foot, Step Down on L Foot
- 5-8 Rock R Foot to Right, Recover on L Foot to Left, Step R Foot Behind L Foot, Step L Foot to Left

Toe Struts, Modified Crossing Sailor Step

- 1-4 Touch R Toe Forward Slightly Over L Foot (angled to Left), Step Down on R Foot, Touch L Toe Forward Slightly Angled to Left, Step Down on L Foot
- 5-8 Cross R Foot Behind L Foot, Step L Foot to Left, Step R Foot to Right, Cross L Foot Over R Foot (Crossing Sailor Step)

Right Grapevine, Cross Rock, 1/4 Turn Left, Step with Toe Touch

- 1-4 Step R Foot to Right, Cross L Foot Behind R Foot, Step R Foot to Right, Cross Rock L Foot Over R Foot
- 5-8 Recover on R Foot, Turn 1/4 Left Stepping L Foot Forward, Step Forward on R Foot, Touch L Toe Slightly Behind (or Beside) R Foot (9:00)

Turn 1/4 Right, Step with Toe Touch, Turn 1/2 Left, Step, Rock/Recover

- 1-4 Step Back on L Foot, Turn 1/4 Right Stepping Forward with the R Foot, (12:00) Step Forward on L Foot, Touch R Toe Slightly Behind (or Beside) L Foot
- 5-8 Step Back on R Foot, Pivot 1/2 Turn Left Stepping Forward on L Foot, (6:00) Rock R Foot Forward, Recover on L Foot

End of Dance. There is ONE little 10 count tag at the END of Wall 5 facing 6:00.

Tag: Rock/Recover, Side Steps/Touches

- 1-2 Rock Back on R Foot, Recover on L Foot,
- 3-6 Step R Foot to Right, Touch L Toe Next to R Foot, Step L Foot to Left, Touch R Toe Next to L Foot
- 7-10 (Repeat 3-6) Step R Foot to Right, Touch L Toe Next to R Foot, Step L Foot to Left, Touch R Toe Next to L Foot

I hope you enjoy the dance!

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