High Horse



拍數: 16 牆數: 4 級數: Beginner

編舞者: Jérémy Quirion (CAN) & Zachary Gauvin (CAN) - February 2022

音樂: High Horse - Nelly, BRELAND & Blanco Brown



[1-8] HIP BUMPS R & L, BACK, BACK, BACK, BACK.

RF diagonally forward with bump, bump weight on LF, bump weight on RF, LF diagonally forward with bump, bump weight on RF, bump weight on LF,

5,6,7,8 Step RF diagonally back, L, R, L.

Restart here on wall 5 (12:00)

[9-16] SIDE TOE SWITCHES, HITCH, TOE, STEP PIVOT 1/4, BODY ROLL.

1&2& Touch RF to R, RF beside LF, Touch LF to L,LF beside RF,

Touch RF to R, Hitch RF over L leg, Touch RF to R,Step RF forward, Pivot 1/4 turn L weight on both feet,

7-8 Body roll on 2 counts.

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