

Hurt Right Back

拍數: 64 牆數: 2 級數: Improver
編舞者: Jolanda Felder (CH) - August 2021
音樂: Blame It on Me - Bastian Baker



Dance starts after 32 counts on "And someday I won't have to ask"

Step, lock, step, scuff r + l

1 - 2 Step right to right diagonal - lock left behind right
3 - 4 Step right to right diagonal - scuff left forward
5 - 6 Step left to left diagonal - lock right behind left
7 - 8 Step left to left diagonal - scuff right forward

Step, pivot ½ l, toe strut forward, ½ turn r, ½ turn r, rock forward

1 - 2 Step right forward - pivot ½ turn left (06:00)
3 - 4 Step right forward on toe - drop heel taking weight
5 - 6 ½ turn right stepping back on left - ½ turn left stepping forward on right
7 - 8 Step left forward - recover back on right

Restart here on wall 3 (replace 7 - 8 with step left forward - touch right next to left)

Toe strut back l + r, back, together, cross, hold

1 - 2 Step back on left toe - drop heel taking weight
3 - 4 Step back on right toe - drop heel taking weight
5 - 6 Step right back - Step left beside right
7 - 8 Cross right over left - hold

¼ turn, ¼ turn, cross, hold l + r

1 - 2 ¼ turn left stepping back on right - ¼ turn left stepping left on left (12:00)
3 - 4 Cross right over left - hold
5 - 6 ¼ turn right stepping back on left - ¼ turn right stepping right on right (06:00)
7 - 8 Cross left over right - hold

Side, close, step, hold, side, close, back, hold

1 - 2 Step right on right - step left beside right
3 - 4 Step right forward - hold
5 - 6 Step left on left - step right beside left
7 - 8 Step left back - hold

Rock back, rock forward, toe strut back r + l

1 - 2 Step right back - Recover on left
3 - 4 Step right forward - recover on left
5 - 6 Step back on right toe - drop heel taking weight
7 - 8 Step back on left toe - drop heel taking weight

Restart here on wall 1

Rock back, rock forward, rock side, stomp, hold

1 - 2 Step right back - recover on left
3 - 4 Step right forward - recover on left
5 - 6 Step right to right - recover on left
7 - 8 Stomp right beside left - hold

Rock side, stomp, hold, rocking chair

1 - 2 Step left on left - recover on right

- 3 - 4 Stomp left beside right - hold
 - 5 - 6 Step right forward - recover on left
 - 7 - 8 Step right back - recover on left
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