

A-B Mamma Mia

COPPER KNOB
BYEPOSTETS

拍數: 48 牆數: 2 級數: Phrased Improver
編舞者: Eun Hee Yoon (KOR) - February 2022
音樂: Mamma Mia (Radio Version) - A*Teens



Intro : 32 counts

**** Sequence : A A A (16) B B A (24) B B / A A A (16) B B A (24) B B / Tag (4) B B A (24) B B B**
Part A (32counts), Part B (16counts)

Part A (32counts)

Sec. 1) Side, Behind, Chasse R, Cross Rock, Recover, 1/4L Forward, 1/4L Scuff

1-2 RF to R side (1), LF Behind (2)
3&4 RF to R side (3), LF next to RF (&), RF to R side (4)
5-6 Rock LF cross over RF (5), Recover on RF (6)
7-8 1/4L LF forward (7) (9:00), 1/4L RF scuff (8) (6:00)

Sec. 2) (Side, Touch) R-L, Side, 1/2L Touch, Side, Touch

1-2 RF to R side (1), Touch LF next to RF (2)
3-4 LF to L side (3), Touch RF next to LF (4)
5-6 RF to R side (5), 1/2L touch LF next to RF (6) (12:00)
7-8 LF to L side (7), RF next to LF (8)

Sec. 3) (Diagonal Forward, Together, Heel Bounce) R-L

1-2 Diagonal RF forward (1), LF next to RF (2)
3-4 Both feet heel bounce 2 times (3-4)
5-6 Diagonal LF forward (5), RF next to LF (6)
7-8 Both feet heel bounce 2 times (7-8)

Sec. 4) Back Walks, Together, Hip Bumps R-L

1-2 RF back (1), LF back (2)
3-4 RF back (3), LF next to RF (4)
5-6 RF to R side with hip bump R (5), Hip bump R (6)
7-8 Hip bump L (7), Hip bump L (8)

Part B (16counts)

Sec. 1) Side, Hold, Together, Twist 1/4R, Rocking Chair

1-2& RF to R side (1), Hold (2), LF next to RF (&)
3-4 Touch RF to R side (3), Both feet twist 1/4R (weight onto RF) (4) (3:00)
5-6 Rock LF forward (5), Recover on RF (6)
7-8 Rock LF back (7), Recover on RF (8)

Sec. 2) Side, Hold, Together, Twist 1/4L, Pivot 1/2L, Pivot 1/4L

1-2& LF to L side (1), Hold (2), RF next to LF (&)
3-4 Touch LF to L side (3), Both feet twist 1/4L (weight onto LF) (4) (12:00)
5-6 RF forward (5), Pivot 1/2L (6) (6:00)
7-8 RF forward (7), Pivot 1/4L (8) (3:00)

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