Grown Damn Man



拍數: 40 牆數: 4 級數: Easy Intermediate

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No Tags, No Restarts,

2 X TOE-HEEL STRUTS TO R - 1ST TO R SIDE, 2ND ACROSS R

1-4 Step R Toe To R Side, Drop R Heel To Floor, Step L Toe Across R, Drop L Heel To Floor

2 X TOE- HEEL STRUTS TO R - 3RD TO R SIDE, 4TH ACROSS R

5-8 Step R Toe To R Side, Drop R Heel To Floor, Step L Toe Across R, Drop L Heel To Floor

SIDE SHUFFLE R WITH 1/4 TURN L, BACK FWD

1&2.3.4 Side Shuffle To R On R,L,R, Turning ¼ To L, Step L Back, Step R Fwd (Should Be Facing ¼

To New Wall On L)

2 X TOE-HEEL STRUTS FWD L THEN R

5-8 L Toe Fwd, Drop L Heel To Floor Moving Fwd, R Toe Fwd, Drop R Heel To Floor Moving

Fwd

L TOE-HEEL STRUT FWD, 1/2 TURN SHUFFLE L

1.2.3&4 L Toe Fwd, Drop L Heel To Floor Moving Fwd, ½ Turning Shuffle To L On R,L,R

AT END OF ½ TURN SHUFFLE HITCH L LEG UP RAISE HANDS TO SIDE OF HEAD CLICK FINGERS TOG-, SHUFFLE FWD

5.6.7&8 Hitch L Foot Up To R Knee, Lift Hands Up To Side Of Head Click Fingers Tog- Shuffle Fwd

On L.R.L

(Hitch Is Count 5, Click Fingers Is Count 6, Slight Pause Between Lift To Click)

ROCKING CHAIR

1-4 Fwd On R, Back On L, Back On R, Fwd On L

2x 1/4 PADDLES TO L

5-8 Step R Fwd Turn ¼ To L, Step L In Place. Step R Fwd Turn ¼ To L, Step L In Place.

CROSS, SIDE, BEHIND, SIDE,

1-4 Cross L Over Right, Step L To L Side, Step R Behind L, Step L To L,

ON COUNT 5-STEP R NEXT TO L AS YOU HIP BUMP TO R, L,R,L,

5-8 Step R Next To L & Hip Bump To R As You Step Tog- Hip Bump To L, Then R, Then L

BEGIN AGAIN