Hear My Voice (CBA 2022)

級數: Intermediate

編舞者: Amy Glass (USA) & Grace David (KOR) - January 2022

音樂: Happy - Leona Lewis

拍數: 48

Intro: At the first hard beat, approx. 19secs - 2 Restarts, 1 Tag

SEC 1: R NC BASIC, 1/4 TURN, ½ TURN, STEP LR FWD, BACK/SWEEP 2X, BACK, ½ TURN

- 12& Big Step RF on side, Step LF slightly behind RF, Cross RF over LF (12:00)
- 34& Turn ¼ to R stepping LF back, Turn ½ to R stepping RF Fwd, Step LF Fwd (9:00)
- 567 Step RF Fwd, Step LF back sweeping RF from front to back, Step RF back sweeping LF from front to back
- 8& Step LF back, Turn ½ to R stepping RF Fwd (3:00)

SEC 2: STEP FWD, SIDE ROCK-RECOVER, CROSS, ¼ TURN, BACK, BACK/HITCH, WALK 2X, ½ TURN/SWEEP, BEHIND-SIDE

- 1&2& Step LF Fwd, Rock RF on Side, Recover on LF, Cross RF over LF
- 3&4 Turn ¼ to R stepping LF back, Step RF back, Step LF back slightly hitching RF (6:00)
- 56 Step RF Fwd, Step LF Fwd

(*Restart here on 5th Wall, see Notes)

78& Turn ½ to L stepping RF back as you sweep LF from front to back, Step LF behind RF, Step RF on side (12:00)

SEC 3: ½ DIAMOND STEP, ¼ SWAY, SWAY RL, CROSS-SIDE

- 12&3 Turn 1/8 to R stepping LF Fwd, Step RF Fwd, Turn 1/8 to R stepping LF back, Turn 1/8 to R stepping RF back (4:30)
- 4& Step LF back, Turn 1/8 to R stepping RF on side (6:00)
- 567 Turn ¼ to R as you sway to L, Sway to R, Sway to L (9:00)
- 8& Cross RF over LF, Step LF on Side

SEC 4: 1/8 TURN/BACK, COASTER STEP, LOCK-STEP, STEP FWD, CHASE TURN, REVERSE TURN

- 1 Turn 1/8 to R stepping RF back (10:30)
- 2&3 Step LF back, Step RF next to LF, Step LF Fwd
- &45 Lock RF behind LF, Step LF Fwd, Step RF Fwd
- 6&7 Step LF Fwd, Turn ¹/₂ to R stepping RF Fwd, Step LF Fwd (4:30)
- 8& Turn ½ to L stepping RF back, Turn ½ to L stepping LF Fwd

SEC 5: 3/8 TURN/SWEEP, BEHIND-SIDE, CROSS/SWEEP, CROSS-SIDE, BALL-CROSS ROCK-RECOVER, SIDE, CROSS ROCK-RECOVER, SIDE

- 1 Turn 3/8 to L stepping RF back as you sweep LF from front to back (12:00)
- 2&3 Step LF behind RF, Step RF on side, Cross LF over RF sweeping RF from back to front
- 4&5 Cross RF over LF, Step LF on ball next to RF, Rock RF over LF
- 6&7 Recover on LF, Step RF on Side, Rock LF over RF
- 8& Recover on RF, Close LF next to RF

SEC 6: WALK 2X, STEP FWD, ½ PIVOT, STEP FWD, R FULL TURN, STEP FWD

1234 Step RF Fwd, Step LF Fwd, Step RF Fwd, Turn ½ to L Stepping LF Fwd (6:00)

(*Restart here on 1st Wall, see Notes)

5678 Step RF Fwd, Turn ½ to R stepping LF back, Turn ½ to R stepping RF Fwd, Step LF Fwd (Optional Turns for the last 4 Counts:

R FULL TURN, STEP FWD, REVERSE TURN

56&7Step RF Fwd, Turn ½ to R Stepping LF back, Turn ½ to R stepping RF Fwd, Step LF Fwd8&Turn ½ to L stepping RF back, Turn ½ to L stepping LF Fwd





牆數:2

TAG: 4 COUNTS TAG after 3rd Wall facing 6:00

1234 Sway R, L, R, Make a full turn over L shoulder on ball of LF

RESTARTS NOTES:

On 1st Wall, do until 44 counts and Restart facing 6:00

On 5th Wall, do until 14 counts and add the following steps before Restart facing 12:00

1234 Walk R, L, Turn ½ to L stepping RF back as you sweep LF from Front to Back, Close LF next to RF(12:00)

Contacts:

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