

I'll Beg for YOU ..

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Val Saari (CAN) - February 2022
音樂: Beg For You (feat. Rina Sawayama) - Charli XCX



INTRO: 16 counts - Begin on the downbeat before the word "You"

MODIFIED RUMBA BOX FWD

1-2 Step RF to right side, Step LF together
3-4 Step RF toes forward, Step RF heel down
5-6 Step LF to left side, Step RF together
7-8 Step LF toes forward, Step LF heel down

DIAGONAL BACK TOUCHES RL, HEEL TWISTS RLRL

1-2 Step RF back diagonally R, Touch LF toes beside R
3-4 Step LF back diagonally L, Touch RF toes beside L
5-6 Step RF right and twist heels Right, Twist heels Left
7-8 Twist heels Right, Twist heels Left (weight on LF)

MODIFIED CROSS MAMBOS (R, L 1/4 PIVOT L)

1-2 RF Cross over L, LF Recover weight
3-4 Step RF toes right, Step heel down
5-6 LF Cross over R, RF Recover weight
7-8 Step LF toes 1/4 pivot L, Step heel down

WALK FORWARD (RLR) KICK LF FWD, SHUFFLE BACK, RF ROCK BACK/RECOVER

1-2 Walk forward, RF, LF
3-4 Walk forward RF, Kick LF
5&6 Shuffle back LRL
7-8 RF Rock back, LF recover

No tags, no restarts

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