

I've Found Joy

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Rhoda Lai (CAN) & Jamie Marshall (USA) - February 2022
音樂: Joy - Andy Grammer



Intro: 16 counts

A. PRESS, RECOVER, TRIPLE FORWARD, ½ PIVOT, BOOGIE WALK

1,2 Press R forward (1), Recover onto L (2)
3&4 Step R forward (3), Step L next to R (&), Step R forward (4)
5,6 Step L forward (5), Pivot ½ R taking weight on R (6) (6:00)
7&8 Boogie walk forward L (7), R (&), L (8) (6:00)

B. KICK, KICK, BEHIND, SIDE, CROSS, SIDE, TOGETHER, CROSS, ½ L, SWEEP

1,2 Kick R forward (1), Kick R to R (2)
3&4 Cross R behind L (3), Step L to L (&), Cross R over L (4)
&56 Step L to L (5), Step R next to L (&), Cross L over R prepping for ½ L turn (6)
7,8 Turn ¼ L stepping R back (7), Turn ¼ L sweeping L around behind R (8) (12:00)

C. SAILOR STEP, ROCK, RECOVER, ½ TURNING TRIPLE, ½ TURNING TRIPLE

1&2 Cross L behind R (1), Step R to R (&), Step L to L (2)
3,4 Rock R forward (3), Recover onto L (4)
5&6 Turn ¼ R stepping R to R (5), Step L next to R (&), Turn ¼ R stepping R forward (6) (6:00)
7&8 Turn ¼ R stepping L to L (7), Step R next to L (&), Turn ¼ R stepping L back (8) (12:00)

D. ROCK BACK, RECOVER, STEP FORWARD, ¼ PIVOT L, V-STEPS WITH CLAPS

1,2 Rock R back (1), Recover onto L (2)
3,4 Step R forward (3), Pivot ¼ L stepping L in place (4) (9:00)
5&6& Step R diagonally R forward (5) Clap (&), Step L to L (6), Clap (&)
7&8& Step R back to center (7), Clap (&), Step L next to R (8), Clap (&)

TAG: End of wall 8 (12:00)

1,2 Sway R (1), Sway L (2)

Option: As sway R, place R hand over heart (1), As sway L, place L hand over R hand (2)

MUSIC: <https://music.apple.com/us/album/joy/1605860242?i=1605860243>