

Secret Agent Men Die Hard

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate / Advanced
編舞者: Mikael Mölsä (FIN) - 16 March 2010
音樂: Secret Agent Man / James Bond Is Back - Bruce Willis : (CD: The Return of Bruno)



Starting point: After a looooong intro, at the vocals, at 1:22.

Note: There are three restarts in the dance, on walls 2, 4 and 6. On those walls dance the first 44 counts and start from the top. Additionally (if that wasn't enough) there are additional 8 counts after wall 8. On that 8 counts just do the 1st set of 8's.

Ending: If you want to play around with the dance, you can add an ending to it. On wall 9, dance the first 44 counts after which you hear a gunshot in the music on count 45. On count 45 pretend to shoot a gun after which strike a cool James Bond -pose.

STEPS WITH CLAPS

- 1 Step left forward
- 2& Clap hands twice
- 3-4 Step right forward, clap hands
- 5 Step left forward
- 6& Clap hands twice
- 7-8 Step left forward, clap hands

JUMPS WITH HOLDS, HEEL JACK WITH HOLDS

- &1-2 Jump out left-right, hold
- &3-4 Jump in left-right, hold
- &5-6 Step left back left diagonal, touch right heel right diagonal, hold
- &7-8 Step weight to right foot, step left across right, hold

ROCK STEP, CROSS SHUFFLE, 1/2 PIVOT TURN TO RIGHT, STEP FORWARD, TOUCH

- 1-2 Rock right to side, recover weight back to left
- 3&4 Step right across left, step left to side, step right across left
- 5-6 Step left forward, turn 1/2 to right (now facing 6:00)
- 7-8 Step left forward, touch right next to left

SYNCOPATED HIP BUMPS

- 1&2 Step right to right diagonal and bump hips to right, recover weight back to left, bump hips to right
- 3-4 Bump hips to left, hold
- 5&6 Step right to right diagonal and bump hips to right, recover weight back to left, bump hips to right
- 7-8 Bump hips to left, hold

PIVOT TURNS WITH HOLDS

- 1-2 Step right forward, hold
- 3-4 Turn 1/2 to left, hold (now facing 12:00)
- 5-6 Step right forward, hold
- 7-8 Turn 1/4 to left, hold (now facing 9:00)

JAZZ BOXES WITH HOLD

- 1-2 Step right across left, step left back
- 3-4 Step right to side, hold

Note: Restarts occur here on walls 2, 4 and 6, after count 4 (or 44, depends on how you count).

5-6 Step left across right, step right back

7-8 Step left to side, hold

STEP, HOLD, STEP, HOLD, ROCK STEP, 1/2 RIGHT TURNING SHUFFLE

1-2 Step right forward, hold

3-4 Step left forward, hold

5-6 Rock right forward, recover weight back to left

7&8 Turn 1/4 to right and step right to side, step left next to right, turn 1/4 to right and step right forward (now facing 3:00)

HITCH WHILE TURNING 1/2 TO LEFT, STEP BACK, ROCK STEP, DIAGONAL STEP FORWARD, SLIDE

1-2 Hitch left knee while turning 1/2 to left, step left down (and slightly back) (now facing 9:00)

3-4 Step right back, recover weight back to left

5-8 Take a long diagonal step on right, slide left next to right (weight remains on right foot)

REPEAT

TAG: At the end of wall 8, you have additional 8 counts.

At that point just do the first 8 counts twice. So you do:

STEPS WITH CLAPS

1 Step left forward

2& Clap hands twice

3-4 Step right forward, clap hands

5 Step left forward

6& Clap hands twice

7-8 Step left forward, clap hands
