# St. Elmo's Fire

拍數: 32

級數: Improver

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音樂: St. Elmos Fire (Man In Motion) - John Parr : (CD: St. Elmo's Fire OST)

Starting point: At vocals, at about 0:17.

Note: On wall 10, dance the first 24 counts and then begin the dance again.

# SHUFFLE RIGHT, ¼ LEFT TURNING SHUFFLE, ½ LEFT TURNING SHUFFLE, ¼ LEFT TURNING

#### SHUFFLE

- 1&2 Step right to side, step left next to right, step right to side
- 3&4 Turn ¼ to left and step left to side, step right next to left, step left to side (now facing 9:00)
- 5&6 Turn <sup>1</sup>/<sub>2</sub> to left and step right to side, step left next to right, step right to side (now facing 3:00)
- 7&8 Turn ¼ to left and step left to side, step right next to left, step left to side (now facing 12:00)

#### ROCK BACK, KICK BALL STEP, SLIDES

- 1-2 Rock right back, recover weight back to left
- 3&4 Kick right forward, step right next to left, step left forward
- 5-6 Take a big step to right diagonal, slide left next to right (weight remains on right)
- 7-8 Take a big step to left diagonal, slide right next to left (weight remains on left)

## 1/2 LEFT TURNING HEEL SWITCHES, 1/4 LEFT TURNING PIVOTS

- 1&2& Touch right heel forward, step right next to left, touch left heel forward, step left next to right
- 3&4& Touch right heel forward, step right next to left, touch left heel forward, step left next to right (now facing 6:00)
- 5-6 Step right forward, turn <sup>1</sup>/<sub>4</sub> to left (now facing 3:00)
- 7-8 Step right forward, turn ¼ to left (now facing 12:00)

Note: With the heel switches (1-4&) turn 1/2 to left.

Restart: On wall 10, restart here.

## ROCK FORWARD, ¾ TRIPLE STEP TURN TO RIGHT, ROCK FORWARD, STEP BEHIND, FULL UNWIND

- 1-2 Rock right forward, recover weight back to left
- 3&4 Turn  $\frac{1}{2}$  to right and step right forward, step left next to right, turn  $\frac{1}{4}$  to right and step right forward (now facing 9:00)
- 5-6 Rock left forward, recover weight back to right
- 7-8 Step left behind right, unwind a full turn to left

Option: You can replace the full unwind turn on counts 7-8 with a coaster step, although you need to change the counting to 7&8 as well.

#### REPEAT





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