Tryin' to Stay Out of AA



拍數: 32 編數: 2 級數: Improver 編舞者: Pam Wingo (USA) & John Wingo (USA) - February 2022

音樂: AA - Walker Hayes



#16 count intro - No tags or restarts

Section 1 (1-8) Point to front & side w/sailor shuffle, point to front and side making ¼ sailor shuffle to left

1,2,3&4 Point R toe to front, point R toe to right, cross R foot behind L, step to L, step to R

5,6,7&8 Point L toe to front, point L toe to left, sweep L foot behind making \(\frac{1}{2} \) turn to L, step R to side.

replace weight to L (9:00)

Section 2 (9-16) Kick ball change x 2, side rock cross x 2

1&2,3&4 Kick R foot forward, touch R foot next to L, step down on L foot - repeat (move forward on

kick, ball changes)

5&6,7&8 Rock R foot out to R, recover weight onto L, cross R foot over L, rock L foot out to L, recover

weight to R, cross L foot over R

Section 3 (17-24) Rock, recover, ¾ turn, step forward, kick, step lock step

1-2 Rock forward on R, recover weight to L

3&4 Make ½ turn over R shoulder with R foot (3:00), step forward on L, pivot ¼ turn to R (weight

on R facing 6:00)

5-6 Step forward on L, kick R foot forward

7&8 Step R foot back, slide/lock L foot in front of R, step R foot back

Section 4 (25-32) Rolling grapevine w/touch or point, ¼ turn, ½ turn, ¼ turn

1,2,3,4 Step to L making a ¼ turn (weight on L), step forward with R making ½ turn (weight on R),

make ½ turn with L foot (will be facing 6:00), point or touch R toe to side**

5,6,7,8 ¼ turn R on R foot (9:00), step forward on L, make ½ turn pivot (weight will be on R), step

forward on L making ¼ turn pivot (6:00) weight will be on L, ready to start again!!

HAVE FUN AND ENJOY!!!!

Any questions contact pamdances@icloud.com

^{**}you can replace the rolling grapevine with a regular grapevine