Got a Lot of Livin' to Do



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Mikael Mölsä (FIN) - 8 May 2011

音樂: Got a Lot O' Livin' to Do! - Elvis Presley: (CD: Loving You)



Starting point: At vocals, at about 0:32.

ROCK BACK, RECOVER, KICK, STEP, STEP BACK, SIDE STEP, ELVIS KNEES

1-2	Rock left hack	recover weight back to right
1-2	NUCK ICIL DACK.	TECOVEL WEIGHT DACK TO HUHT

3-4 Kick left forward, step left forward

5-6 Step right back, step left to side (feet are shoulder width apart)
7-8 Bring right knee in, straighten right foot and bring left knee in

SLOW 1/2 RIGHT TURNING PIVOT, 1/2 RIGHT TURNING PIVOT, STEP FORWARD, STAMP

1-2 Step left forward, hold

3-4 Turn 1/2 to right, hold (now facing 6:00)

5-6 Step left forward, turn 1/2 to right (now facing 12:00)

7-8 Step left forward, stamp right next to left

ZIG ZAG -PATTERN GOING FORWARD

1-2	Step right to right diagonal, touch left next to right
3-4	Step left to left diagonal, touch right next to left
5-6	Step right to right diagonal, touch left next to right
7-8	Step left to left diagonal, touch right next to left

HEEL AND TOE TOUCHES, 1/2 LEFT TURNING FLICK, SCUFF, HITCH, STEP FORWARD

1-2 Touch right heel forward, touch right next to left3-4 Touch right toe to side, touch right next to left

5-6 Touch right heel forward, flick right back while turning a 1/2 turn to left (now facing 6:00)

7&8 Scuff right forward, hitch right knee slightly, step weight to right foot

Note: Because of the speed of the dance, it is ok to leave the hitch off (count &), and just do the steps as 7-8.

SLOW 1/2 RIGHT TURNING PIVOT, 1/4 LEFT TURNING TWISTS

1-2 Step left forward, hold

3-4 Turn 1/2 to right, hold (now facing 12:00)

5-7 Twist heels right-center-right while turning 1/4 to left (weight ends up on left, now facing 9:00)

8 Hold

ROCK BACK, RECOVER, KICK ACROSS, STEP ACROSS, ROCK BACK, RECOVER, 1/4 RIGHT TURNING BIG SIDE STEP, TOUCH

1-2	Rock right back, recover weight back to left
3-4	Kick right across left, step right across left
5-6	Rock left back, recover weight back to right

7-8 Turn 1/4 to right and step a big step to left, touch right next to left (now facing 12:00)

SIDE ROCK, KICK, TOGETHER, SIDE ROCK, KICK, TOGETHER

1-2	Rock right to side, recover weight back to left
3-4	Kick right forward, step right next to left
5-6	Rock left to side, recover weight back to right
7-8	Kick left forward, step left next to right

TWISTS TO RIGHT, KICK, BEHIND, 1/4 TURN, STEP

1-2	Twist left heel to right and touch right toe next to left, twist left toe to right and touch right heel next to left
3-4	Twist left heel to right and touch right toe next to left, twist left toe to right and touch right heel next to left
5-6	Kick right to right diagonal, step right behind left
7-8	Turn $\frac{1}{4}$ to left and step left forward, step right forward (now facing 9:00)

REPEAT