I Want To Break Free



拍數: 48 牆數: 2 級數: Intermediate Cha Cha

編舞者: Kate (KOR) - February 2022 音樂: I Want to Break Free - Queen



Introduction: 24 Counts

*Intro Step: 8 Counts time step, side chasse X2

1-2 Step R next to L, Step L next to R

3&4 Step R to right side, Step L next to R, Step R to right side

5-6 Step L next to R, Step R next to L

7&8 Step L to left side, Step R next to L, Step L to left side

(Sec 1) side, time step, full turn, side, check, back, chasse

1 Step R to right side

2&3 Step L next to R, Step R next to L, Step L to left side

4 full turn L, ending weight on R

5 Step L to left side

6 1/8 turn L, Cross R over L 10:30 7 1/8 turn R, Step L back 12:00

8&1 1/8 turn R, Step R to right side, Step L next to R, Step R to right side - 1:30

(Sec 2) check recover L sailor, batucadas, L sailor fwd

2&3 2 /8 turn R Cross L over R (3:00), recover onto L, 3/8 turn L sweep L from front to side (12:00)

Step L back, Step R next to L, Step L to left side
Recover onto L, touch R fwd, R hip makes a lift hip roll
Step R back, touch L fwd, L hip makes a lift hip roll
Step L back, Step R next to L, Step L slightly fwd

(Sec 3) fwd 1/2 T R back cross, fwd recover together, fwd, full turn, side together

2&3 Step R fwd, 1/2 turn R Step L on the ball back, cross R over L (6:00)

4&5 Step L fwd, recover onto R, Step L next to R6-7 Step L fwd, 1/2 full turn L weight onto R (12:00)

Step L to left side, Step R next to L, point L to left side, start wave

(Sec 4) bodywave(free style), walk RLR, 1/4 T L back together

2-3 body wave (free style) weight onto L

4 touch R next to L 567 prissy walk R-L-R

8-& 1/4 turn L Step L on the ball back, Step R next to L (9:00)

(Sec 5) back with touch X4, hold chest pop, recover with flick fwd

1234 Step L back with touch R fwd, Step R back with touch L fwd, Step L back with touch R fwd,

Step R back with touch L fwd(point to the right with the index finger of your right hand)

5&6 hold(5), chest pop(&6)

7-8 recover onto L with flick R, step R fwd

(Sec 6) step lock step X3 (LRL), walk RL

Step L fwd, lock R behind L, Step L fwd
Step R fwd, lock L behind R, Step R fwd
Step L fwd, lock R behind L, Step L fwd

7-8 prissy walk RL

1 1/4 turn L, Step to right side

* Tag & Restart : After wall 3, your will be facing 9:00 (4 Counts)
1/4 turn L, Step to right side to side (123), with draw a half circle with your right hand weight change L(4)

Happy Dancing!