

One Time (Dulu)

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Caecilia M Fatruan (INA) - February 2022
音樂: Dulu - Studio 5 : (Danan Widiyanto cover)



Intro : 40 counts

S1. STEPS DIAGONALLY RIGHT & LEFT WHILE SWINGING HIPS

- 1234 RF steps diagonally forward right while swinging hips forward body weight on RF (1), hips swing back weight on LF (2) hips swing forward body weight on RF (3), LF close beside RF (4).
- 5678 LF steps diagonally forward Left while swinging hips forward body weight on LF (5), hips swing back weight on RF (6) hips swing forward body weight on LF (7), RF close beside LF (8).

S2. STEP BACK 4X, LITTLE JUMP OPEN & CLOSE, ROCK RECOVER.

- 1234 RF step back (1), LF step back (2), RF step back (3), LF step back, close beside RF (4)
- &5&6 Jump a little (&) while opening the RF and then the LF(5) a little jump again (&) then closing the RF then the LF (6).
- 7-8 Right foot step forward (7), Recover to LF (8)

S3. CHASSE HALF TURN, ROCKING CHAIR, HALF TURN RIGHT, SHUFFLE FORWARD LEFT & RIGHT.

- 1&2 RF quarter turn to the right side (1) LF closes next to right foot (&) RF quarter turn to the right side, facing 6.00 (2)
- 3-4 LF step forward (3) RF half turn, facing 12.00 (4)
- 5&6 LF step forward (5), RF close beside LF (&) LF forward (6)
- 7&8 RF step forward (7), LF close beside LF beside RF (&) RF forward.

S4. PADDLE QUARTER TURN RIGHT 2X, JAZZ BOX

- 1234 LF step forward (1), RF quarter turn right (2), LF step forward (3), RF quarter turn right(4)
- 5678 LF step in front of RF (5), RF step beside LF while quarter turn to the left side (6), LF steps to the left side(7), RF steps close beside LF(8)

*After wall 6, 7, 8.

TAG 8 Count : V step 2x

- 1234 RF diagonal steps forward (1) LF diagonal steps forward, parallel (2) RF steps straight back (3), LF steps back close beside right foot (4).
- 5678 Repeat movement 1234

You can use your own Arm Styling. Have fun with this dance.. Warm Regards.