Duecentomila Ore

拍數: 32	牆數: 4	級數: Improver

編舞者: Beatriz Gonzalez Paradell (UK) - February 2022

音樂: Duecentomila ore - Ana Mena

Intro: 16 count intro

[1-8] WALK (X2), LOCK STEP, WALK, ½ TURN, LOCK STEP

1 - 2	RF step forward, LF step forward
3&4	RF step forward, LF cross behind RF, RF step forward
5 - 6	LF step forward, ½ turn right (06:00)
7&8	LF step forward, RF cross behind LF, LF step forward

[9-16] FULL TURN, LOCK STEP, ROCK, SAILOR STEP

1 - 2	½ turn left stepping RF back, ½ turn left stepping LF forward
3&4	RF step forward, LF cross behind RF, RF step forward
5 - 6	LF rock forward, recover weight on RF
7&8	LF cross over RF, RF step to right, LF step to left

[17-24] BACK, POINT, BACK, POINT, SAILOR STEP ¼ TURN, ROCK

1 - 2	RF step back (slightly cross), LF pointing to left
3 - 4	LF step back (slightly cross), RF pointing to right
5&6	RF cross behind LF with ¼ turn to the left, Step LF to left, RF step to right (09:00)
7 - 8	LF rock forward, recover weight on RF

[25-32] LOCK STEP, ROCK, STEP ½ TURN, BACK, ROCK

1&2	LF step backwards, RF step over LF, LF step backwards
3 - 4	RF rock backwards, recover weight on LF
5 - 6	Pivot ½ turn to left on ball of LF stepping RF backwards, LF step backwards (03:00)
7 - 8	RF rock backwards, recover weight on LF

TAG: AT THE END OF WALL 7
STEP, TOUCH, STEP TOUCH

1 - 2	Step RF diagonally forward, LF touch next to RF
3 - 4	Step LF diagonally backwards, RF touch next to LF

Enjoy!