

# Duecentomila Ore

拍數: 32      牆數: 4      級數: Improver  
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音樂: Duecentomila ore - Ana Mena



Intro: 16 count intro

**[1-8] WALK (X2), LOCK STEP, WALK, ½ TURN, LOCK STEP**

1 - 2      RF step forward, LF step forward  
3&4      RF step forward, LF cross behind RF, RF step forward  
5 - 6      LF step forward, ½ turn right (06:00)  
7&8      LF step forward, RF cross behind LF, LF step forward

**[9-16] FULL TURN, LOCK STEP, ROCK, SAILOR STEP**

1 - 2      ½ turn left stepping RF back, ½ turn left stepping LF forward  
3&4      RF step forward, LF cross behind RF, RF step forward  
5 - 6      LF rock forward, recover weight on RF  
7&8      LF cross over RF, RF step to right, LF step to left

**[17-24] BACK, POINT, BACK, POINT, SAILOR STEP ¼ TURN, ROCK**

1 - 2      RF step back (slightly cross), LF pointing to left  
3 - 4      LF step back (slightly cross), RF pointing to right  
5&6      RF cross behind LF with ¼ turn to the left, Step LF to left, RF step to right (09:00)  
7 - 8      LF rock forward, recover weight on RF

**[25-32] LOCK STEP, ROCK, STEP ½ TURN, BACK, ROCK**

1&2      LF step backwards, RF step over LF, LF step backwards  
3 - 4      RF rock backwards, recover weight on LF  
5 - 6      Pivot ½ turn to left on ball of LF stepping RF backwards, LF step backwards (03:00)  
7 - 8      RF rock backwards, recover weight on LF

**TAG: AT THE END OF WALL 7**

**STEP, TOUCH, STEP TOUCH**

1 - 2      Step RF diagonally forward, LF touch next to RF  
3 - 4      Step LF diagonally backwards, RF touch next to LF

Enjoy!