The Last Dance

拍數: 32

級數: High Beginner

編舞者: Lynn Funk (USA) - February 2022

音樂: The Last Dance - Kid Rock

Dance starts about 26 seconds into the music and 4 counts before the vocals.

Cross Rock/Recover Side Shuffle, Cross Rock/Recover 1/4 Left Turn with Forward Shuffle

- 1-2 3&4 Cross Rock R Foot over L Foot, Recover on L Foot, Right Side Shuffle (RLR)
- 5-6 7&8 Cross Rock L Foot over R Foot, Recover on R Foot, Turn 1/4 Left with Forward Shuffle (LRL) (9:00)

Cross Points and 1/2 Turn Crossing Jazz Box

- 1-4 Cross R Foot over L Foot, Point L Foot to Left, Cross L Foot over R Foot, Point R Foot to Right
- 5-8 Cross R Foot over L Foot, Step Back on L Foot while Starting 1/2 Right Turn, Step R Foot to R, Cross L Foot over R Foot (3:00)

Right Side Rock/Recover, Behind Side Cross, Left Side Rock/Recover, Left Back Coaster Step

- 1-2 3&4 Rock R Foot to Right, Recover on L Foot, Step R Foot Behind L Foot, Step L Foot to Left, Cross R Foot over L Foot
- 5-6 7&8 Rock L Foot to Left, Recover on R Foot, Step L Foot Back, Step R Foot Next to L Foot, Step L Foot Forward (Left Back Coaster Step)

Right Rock Forward/Recover, 1/2 Right Shuffling Turn, Left Forward Rock/Recover 1/4 Left Turn Sailor Step

1-2 3&4 Rock R Foot Forward, Recover on L Foot, Turn 1/2 to the Right while Shuffling (RLR) (9:00)
5-6 7&8 Rock L Foot Forward (or Cross Rock slightly over R Foot), Recover on R Foot, Turn 1/4 to the Left with Left Foot Behind R Foot, Step R Foot to Right, Step L Foot to Left (Left Turning Sailor Step) (6:00)

End of Dance. No Tags; No Restarts.

I hope you enjoy the dance!

Contact: Lynn Funk - slfaz441@gmail.com





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牆數: 2