

Message in a Bottle

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Laure-Anne VITELLI (FR) - February 2022
音樂: Message In A Bottle (Taylor's Version) (From The Vault) - Taylor Swift : (iTunes)



Intro : 8 Counts

[1-8] TRIPLE STEP FWD, ROCK STEP FWD, RECOVER, BACK BALL STEP, STEP BACK, POINT BACK, ½ TURN R

1 & 2 Step RF Fwd (1), Assemble LF beside RF (&), Step RF Fwd (2), 12:00
3-4 Step LF Fwd (3), Recover BW on R (4),
& 5-6 Assemble LF beside RF (&), Step back RF (5), Step back LF (6)
7-8 Point RF back (7), Make ½ turn R & shift BW on the RF (8) 06:00

[9-16] SIDE ROCK, RECOVER, CROSS TRIPLE, SLIDE, TOUCH, KICK, BALL CROSS

1-2 Step LF to L side (1), Recover BWR (2),
3 & 4 Cross LF over RF (3), Step RF to R side (&), Cross LF over RF (4),
5-6 Big step to the R (5), Touch point LF beside RF (6),
7 & L Kick slightly diag. to the L (7), Assemble LF beside RF (&), Cross RF
8 over LF (8) (BWR)

[17-24] ¼ T R STEP BACK, STEP SIDE, STEP LOCK STEP FWD, V STEP ON HEELS x2

1-2 Make ¼ turn R L step back (1), Step RF to the R side beside LF (2), 09:00
3 & 4 Step LF Fwd (3), Cross RF behind LF (&), Step LF Fwd (4),
& 5 Step Fwd on R heel to R Diagonal (out) (&), Step Fwd on L heel to L Diagonal (out) (5), Step
R back to
& 6 centre (in) (&), Step L next to R (in) (6),
& 7 Step Fwd on R heel to R Diagonal (out) (&), Step Fwd on L heel to L
& 8 Diagonal (out) (7), Step R back to centre (in) (&), Step L next to R (in) (8)

***Option easy : Replace V STEP ON HEELS with V STEP**

[25-32] ¼ TURN L, BEHIND, SIDE, TOUCH, STEP SIDE, TOUCH, ¼ TURN L, TRAVELING PIVOT

1-2-3 Step RF Fwd (1), Make pivot ¼ turn L (2) (BWL), Cross RF behind LF (3),
& 4 & Step LF to L side (&), Touch point RF beside LF (4), Step RF to R side (&),
5-6 Touch point LF beside RF (5), Make ¼ turn L step LF Fwd (6), 03:00
7-8 Make pivot ½ L step RF back (7), Make pivot ½ L step LF Fwd (8)

Restart : Wall 10 (facing 03:00), after 29 counts (touch), Restart the dance facing 09:00

Tag : At the end Wall 4 (facing 09:00) Tag 4 counts (facing 12:00) : STEP TOUCH : Step RF to R side (1), Touch point LF beside RF (2), Step LF to L side (3), Touch point RF beside LF (4)

Final : At the end of the dance, facing 06:00, make ½ Turn L to finish facing 12:00

Source: This card is the original. If you have any questions do not hesitate to contact me: Laure-Anne VITELLI : linedancestory.83@gmail.com - laureannevitelli.83@gmail.com