

Freedom Jon

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Rona Kaye (USA) - January 2022
音樂: FREEDOM - Jon Batiste : (Amazon MP3 / iTunes)



Dance Begins after 16 count intro, on the vocals.

Side, Cross Rock Recover, Chasse ¼ Turn Right, Pivot ½ Right , "Pencil" Turn ½ Right:

1 2 3 Step L To Left Side (1), Cross Rock R Over L (2), Recover L (3), 12:00
4 & 5 Step R To Right (4), Step L To R (&), Step R To ¼ Turn Right (5) 3:00
6 7 8 Step Forward L (6), Turn ½ To Right (7), Turn ½ To R Step L into R (8) 3:00

Turn ¼ Right Drag, Hold, Weave, Toe Switches, ¼ Turn Left With Hitch Point:

1 2 Big Step R Side Right Turning ¼ Right (1), Hold (2), 6:00
3 & 4 Step L Behind R (3), Step R Side Right (&), Step L Over R (4), 6:00
5 & 6 Point R Toe To Right Side (5), Step R Home (&), Point L Toe To Left Side (6) 6:00
& 7 & 8 Step L Home Turning ¼ To Left (&), Point R Toe To Right (7), Lift R Knee Across L Leg (&),
Point R Toe To Right Side (8) 3:00

Samba x 2 (Moving Forward), Pivot Turn ½ Left With "Dip", Kick, Step, Triple Step Forward:

1 a 2 Cross R Over L (1), Step L Side (a), Recover To R (2) 3:00
3 a 4 Cross L Over R (3), Step R Side (a), Recover To L (4), 3:00
5 6 Step R Forward Bending Knees (5), ½ Pivot Turn To Left (Keep Wt On R) (6) 9:00
7 & 8 & Kick L Forward (7), Step On L (&), Step R Forward (8), Step L Into R (&) 9:00

Alternating Rock Steps With Knee Pop, Step R Side, Turn ¼ L, Little Kicks R & L Turning ¼ L:

1 2 & 3 & 4 Rock Forward On R (1), Recover L (2), Step R Home (&) Rock Forward On L (3) 9:00 Pop
Both Knees Lifting Heels Up And Down End Weight On L (& 4) 9:00
5 6 Step R Side Right (5), Turn ¼ To Left Stepping Forward on L (6) 6:00
7 & 8 & Kick R Forward (7), Step R Home Turning 1/8 To Left (&), Kick L Forward (8), Step L Home
Turning 1/8 To Left (&) 3:00

"Groovy Swively" Steps R And L With Finger Snaps, Kick Ball Step Ball Step Touch With Hips:

1 2 Step R Toe/Heel In Place With Swivel (1), Snap fingers (2) 3:00
3 4 Step L Toe/Heel In Place With Swivel (3), Snap fingers (4) 3:00
5 & 6 & Kick R Forward (5), Step R Home (&), Step L Side Left (6), Step R Into L (&)
7 8 Step L To Left (7), Touch R Into L As You Bump Hips To Left And Look To Left (8) 3:00

"Volta" Full Turn Right, Walk Forward L And R, Pivot ½ Turn Left, Kick Ball:

1 & 2 & 3 4 Step R Side Right Turn ¼ Right (1), Step L Into R (&), Turn ¼ To Right Stepping On R (2),
Step L Into R (&), Turn ¼ Turn To Right Stepping On R (3) 12:00, Step L Into R (&), Step
Slightly Forward R (4) 3:00
5 6 7 Step L Forward (5), Step R Forward (6), Turn ½ To Left Weight On L (7) 9:00
8 & Kick R Forward (8), Step R Home (&) 9:00

End of 48 Counts, Begin Again To New Wall Stepping L To Side Left (1)...

TAG: 32 Count Night Club Rhythm TAG Happens Once And Is Danced To 12:00 Wall After Four Full Rotations Of The Dance:

Basic Night Club L, ¼ Turn Right, Pivot ½ Turn Right:

1 2 3 4 Step L To Left (1), Hold (2), Rock Back On R, (3), Recover Weight To L (4) 12:00
5 6 7 8 Turn ¼ To Right Stepping On R (5)*, Hold (6)*, Step Forward L (7)*, 3:00, Turn ½ Right
Weight On R (8) 9:00

***Both Arms Can Reach Up On Count 5, Float Down On Count 7 & 8 (Optional)**

Step Forward L, Pivot ½ Turn Left, ¼ Turn Left Stepping R To Right, Back Rock:

1 2 3 4 Step Forward L (1), Hold (2), Step Forward R (3), Turn ½ To Left 3:00
5 6 7 8 Turn ¼ To Left Stepping R to Right (5), Hold (6), Rock Back On L (7), Recover Weight To R (8) 12:00

Step Forward L, Pivot ½ Turn Left, Step Forward R, Pivot ½ Turn Right:

1 2 3 4 Step Forward L (1), Hold (2), Step Forward R (3), Turn ½ To Left (4) 6:00
5 6 7 8 Step Forward R (5), Hold (6), Step Forward L (7), Turn ½ To Right (8) 12:00

Slow Hip Sways L And R, Funky Hip Sways L R L R:

1 2 3 4 Step L Side L As You Sway Hips To Left (1-2), Sway Hips To Right (3-4) 12:00
5 6 7 8 Sway To Left (5), Sway To Right (6), Sway To Left (7), Sway To Right (8) 12:00

I choreographed the dance to the track on the YouTube video. This note applies if you dance to that particular track. After the tag, the full dance will be done another three rotations. The last rotation begins on the 6:00 wall. You can end the dance to the front wall by simply turning to face 12:00 on that ending kick ball change that starts the dance. So, technically, you will be facing 3:00. You can simply turn your head and upper body to 12:00 on count one as you step your L to side Left..

If you dance to the iTunes version of the track, there are only two full walls danced after the tag. You can end facing front by adding a half pivot turn to face front. So, to this track, your last wall will start at 9:00...just change the very end of the dance...instead of your final "kick, ball" into the top (you will be facing 6:00 at this point), step forward on your R and pivot turn ½ to the Left to face 12:00.

Happy Dancing!!!
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