

Roots & Wings

拍數: 32 牆數: 2 級數: Easy Intermediate
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音樂: Roots and Wings - Jessie James Decker



Intro: 8 Beats, commence on lyrics

S1: Cross, Rock, Side Chasse, Hinge Turn Chasse, Back, Rock

1 2 Cross R over left, Rock back onto L
3&4 Step R to side, Step L beside right, Step R to side
5&6 Hinge turn ½ right step L to side, Step R beside left, Step L to side (6)
7 8 ** Step R back, Rock forward onto L **

* Wall 3: Add Tag then Restart

S2: Cross Samba, Cross Samba, Step, Sweep, Forward, Rock

1&2 Step R across in front of left, Side rock onto L, Step R to side
3&4 Step L across in front of right, Side rock onto R, Step L to side
5-8 Step R forward, Sweep L forward, Step forward onto L, Rock back on R

S3: Back, Sweep, Behind-Side-Cross, Side, Rock, Behind-Side-Fwd

1 2 Step L back, Sweep R back
3&4 Step R behind left, Step L to side, Cross R over left
5 6 Step L to left side, Rock/Recover onto R
7&8 # Step L behind right, Step R to side, Step L slightly forward #

Restart Walls 4 & 6

S4: Forward, ½ Turn, Coaster, Forward, ½ Turn, Coaster

1 2 Step R forward, Turn ½ right step back on L (12)
3&4 Step back onto R, Step L beside right, Step R forward
5 6 Step L forward, Turn ½ left step back on R (6)
7&8 Step back onto L, Step R beside left, Step L forward

RESTARTS:

Wall 3: Dance to Count 8**, add Tag, then restart facing 6 o'clock.

Walls 4 & 6: Dance to Count 24#, then restart facing 12 o'clock.

TAG: 1 2 Sway R, Sway L ending with weight on left

Ending: Wall 8:

Dance to Count 16 then step back on L, Sweep R back and tap behind L