

9 Lives

拍數: 48 牆數: 2 級數: High Intermediate
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音樂: 9 Lives - Mad Sin



Restart on walls 1 & 3 after 32 counts and tag after wall 5

Intro: 8 counts

[1-8]: Rock step, ball, back, touch, ¼ turn with a look, ¼ turn, forward, ½ turning shuffle

1 Step right forward
2&3 Recover weight back to left, step right next to left, step left back
4,5 Touch right back, ¼ turn right stepping right to side & looking to right
6,7 ¼ turn left recovering weight back to left, step right forward
8&1 ½ turn right stepping left back, step right next to left, step left back

[9-16] Back rock, step, sweep, cross, ¼ turn, coaster step

2&3 Step right back, recover weight back to left, step right forward
4,5 Sweep left from back to front, cross left over right
6 ¼ turn left stepping right back
7&8 step left back, step right next to left, step left forward

[17-24] ½ turn, ¼ turn, cross & cross & cross, side, ¼ turn, ¼ turn

1,2 ½ turn left stepping right back, ¼ turn left stepping left to side
3&4 Cross right over left, step left next to right, cross right over left
&5 Step left next to right, cross right over left
6,7 Step left to side, ¼ turn right stepping right to side
8 ¼ turn right stepping left to side

You can add optional touches for styling on counts 6-8&:

6&7 Step left to side, touch right next to left, ¼ turn right stepping right to side
8&8 Touch left next to right, ¼ turn right stepping left to side, touch right next to left

[25-32] ½ turn strut, cross strut, big side step, slide, coaster step

1,2 ½ turn right touching right to side, step down on right
3,4 Touch left over right, step down on left
5,6 Big step to side with right, slide left next to right
7& Step right back, step left next to right
8 Step right forward

**** Restart here on walls 1 and 3, step right next to left on & count to restart the dance**

[33-40]: Sweep, reverse sailor step, kick across, kick to side, ¼ coaster step, step

1, Sweep left from back to front
2&3 Cross left over right, step right to diagonal back, step left to side
4,5, Kick right across left, kick right to right side
6&7 ¼ turn to right stepping right back, step left next to right, step right forward
8 Step left forward

[41-48] Kick, ¼ turn kick, coaster step, ½ turning swivels

1,2 Kick right forward, ¼ turn right kick right forward
3&4 Step right back, step left next to right, step right forward
5&6 ¼ turn right swiveling both heels to right, swivel both heels left ¼ turn right swiveling both heels to left (weight ends on right)
7&8 Step left back, step right next to left, step left forward

Start again

TAG: After wall 5, when you have done the last 16 counts facing the back wall for the first time, do an 8 count long tag:

Walk half circle left, left, shuffle step, cross point, side point, sailor step

1,2 ¼ turn left stepping right forward, ¼ turn left stepping left forward

3&4 Step right forward, step left next to right, step right forward

5,6 Point left across right, point left to side

7&8 Step right behind left, step left next to right, step right to diagonal forward

Have fun dancing!
