Save Your Tears For Now



拍數: 0 牆數: 0 級數:

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音樂: Save Your Tears (Remix) - The Weeknd & Ariana Grande



Seq: BB ACC-BB AA CC - BBACC - AA CC - CC-End

Intro: 16c

PART A (16c)

[1-16] SIDE-CLOSE, SIDE CHASSE, SIDE-CLOSE, SIDE CHASSE

1-4 Turn 1/8 left. Step R side, step L together. Chasse side RLR. Square up.

5-8 Turn 1/8 right. Step L side, step R together. Chasse side LRL.
9-12 Step R side, step L together. Chasse side RLR. Square up.

13-16 Turn 1/8 left. Step L side, step R together. Chasse side LRL. Square up.

NOTE: At end-to-end Part A, turn 1/4 left before repeating

PART B (32c)

[1-16] STEP-TOUCH ROUTINE, ZIG-ZAG STEPS, OUT-OUT, CROSS-TURN

1-4 Step R side, touch L in place. Step L side, touch R in place.

5-8 Repeat steps 1-4

9-10 Step R forward and slightly to right, touch L together
11-12 Step L forward, slightly to left, touch R together
&13-14 Step R forward to right, step L forward to left, hold

15-16 Cross R over, pivot 1/4 left

[17-32] VINE STEPS, KNEE PUMPS

1-4 Step R side, cross L behind, step R side, step L together

5-8 Pump knees 4X. Point R arm forward and draw out to side gradually

9-12 Step L side, cross R behind, step L side, step R together

13-16 Pump knees 4X. Point L arm forward and draw out to side gradually

PART C (16c)

[1-16] BACK STEPS, CHASSE, ROCK STEP, CROSS-POINT ROUTINE

1-4 Step back R, L, R, L turning body side to side

5&6 Chasse forward RLR

7-8& Rock L forward, recover, step L back

9-12 Cross R over, point L side, cross L over, point R side
13-16 Cross R behind, point L side, cross L behind, point R side

ENDING (8c)

1-8 Repeat Part C steps: c5 to c12

*STYLING

*Part B

1 Turn body slightly to left and hold hands across face, palms in

2 Pull hands down then drop

3 Turn body slightly to right and hold hands across face, palms in

4 Pull hands down then drop

5-8 Repeat styling 1-4

*Part C

1 Hold R forearm across chest, elbow bent and palm to left

2 Push bent arm to right

- Hold L forearm across chest, elbow bent and palm to right
- Hold L forearm acrossPush bent arm to left