

# Waltz of a Lifetime

**COPPER KNOB**  
STEPSHEETS

拍數: 48                      牆數: 4                      級數: Beginner  
編舞者: Lorraine Macmillan (NZ) - December 2021  
音樂: Waltz of a Lifetime - Dave Sheriff



**Start: On the 4th word of the vocals: "waltz" (If I could Waltz)**

## WALTZ TO LEFT DIAGONAL AND BACK

1-3                      Facing the left diagonal, step forward on L, step R beside L, step L beside R  
4-6                      Step R back, Step L beside R, Step R beside L

## WALTZ TO THE RIGHT DIAGONAL AND BACK

7-9                      Facing the right diagonal, step forward on L, step R beside L, step L beside R  
10-12                      Step R back, Step L beside R, Step R beside L

## ROCK, RECOVER, STEP TO SIDE, ROCK ACROSS, RECOVER, STEP TO SIDE

13-15                      Facing R diagonal: Step L forward, recover on R, step L next to R (turning slightly to face 12 o'clock)  
16-18                      Rock R over L, recover on L, step R next to L

## BOX

19-21                      Step L forward, step R to side, step L beside R  
23-24                      Step R back, step L to side, step R beside L

## TWINKLES

25-27                      Step L across R, Step R to the side, Step L next to R  
28-30                      Step R across L, Step L to the side, Step R next to L

## WALTZ FORWARD TURNING HALF L, WALTZ BACK WITH HEEL LIFT, DROP HEELS

31-33                      Waltz forward L, R, L making ½ turn L  
34                      Step back R  
35                      Step L beside R, raising both heels  
36                      Drop both heels down

## STEP FWD, POINT, HOLD, STEP BACK, POINT, HOLD

37-39                      Step L forward, point R forward and to the side, hold  
40-42                      Step R back, point L back and to the side, hold

## WALTZ TURNING ¼ L, WALTZ BACK

43-45                      Turning a ¼ L Step L forward, Step R next to L, Step L next to R  
46-48                      Step R back, Step L beside R, Step R beside L

## TO FINISH:

On final wall, dance steps 1-39, then: Turning ¼ R (to front wall), Step on R, point L to the side, Drag L to R.