

My Only One

COPPER **KNOB**
STEPSHEETS

拍數: 48 牆數: 2 級數: Low Intermediate
編舞者: Heru Tian (INA) - January 2022
音樂: ONLY - LeeHi (이하이)



Intro : 12 C - No Tag, No Restart

SECTION 1 : R FWD- L SWEEP- L HOOK- L FWD- R TOUCH OUT- R TOUCH IN

1-3 Step Rf fwd (1), Sweep Lf back to front (2), Hook Lf (3)
4-6 Step Lf fwd (4), Touch Rf toe out (5), Touch Rf toe in (6)

SECTION 2 : R BASIC WALTZ FWD- L BACK - R BACK- L ¼ TURN L SIDE

1-3 Step Rf fwd (1), Step Lf Next to Rf (2), Step Rf in place (3)
4-6 Step Lf back (4), Step Rf back (5), ¼ turn L, facing 9.00, Step Lf To Side (6)

SECTION 3 : TWO TWINKLE STEP R&L

1-3 Cross Rf over Lf (1), Step Lf To Side (2), Step Rf in place (3)
4-6 Cross Lf over Rf (4), Step Rf To Side (5), Step Lf in place (6)

SECTION 4 : R CROSS- HINGE ½ TURN R- L 1/8 TURN R FWD- R KICK

1-3 Cross Rf over Lf (1), ¼ turn R, Step Lf back (2), ¼ turn R, Step Rf To Side (3) facing 3.00
4-6 1/8 turn R, facing 4.30, Step Lf fwd (4), Kick Rf over 2 counts (5,6)

SECTION 5 : R BASIC WALTZ BACKWARD- L FWD- R SWEEP

1-3 Step Rf back (1), Step Lf Next to Rf (2), Step Rf in place (3)
4-6 Step Lf fwd (4), Sweep Rf back to front over 2 counts (5,6)

SECTION 6 : 1/8 TURN L - ¼ TURN R DIAMOND

1-3 1/8 turn L, Cross Rf over Lf (1), Step Lf to Side (2), 1/8 turn R, facing 4.30, Step Rf back (3)
4-6 Step Lf back (4), 1/8 turn R, facing 6.00, Step Rf To Side (5), Cross Lf over Rf (6)

SECTION 7 : R SIDE- ¾ SPIRAL TURN L- L BASIC WALTZ FWD

1-3 Step Rf To Side (1), Make ¾ spiral turn L, over 2 counts (2,3) facing 9.00
4-6 Step Lf fwd (4), Step Rf Next To Lf (5), Step Lf in place (6)

SECTION 8 : R BASIC WALTZ BACKWARD- L ¼ TURN L CROSS- R SIDE POINT- HOLD

1-3 Step Rf back (1), Step Lf Next to Rf (2), Step Rf in place (3)
4-6 ¼ turn L, facing 6.00, Cross Lf over Rf (4), Point Rf to Side (5), Hold (6)

Start again..

Thank you,

Contact: Herutian79@gmail.com