You Got Gold

COPPER KNOB

拍數: 40

級數: Improver

編舞者: Yvonne Anderson (SCO) - January 2022

牆數:4

音樂: You Got Gold - Nathan Carter : (Album: Little Old Town, iTunes)



[1-8] HEEL-STEP-HEEL-STEP, SIDE-BEHIND-SIDE, CROSS ROCK-RECOVER-1/4 LEFT, FULL TRIPLE TURN

- 1&2& Touch R heel forward, Step R beside L, Touch L heel forward, Step L beside R [12]
- 3&4 Step R to right, Step L behind right, Step R to right [12]
- 5&6 Rock L across right, Recover weight on R, Make 1/4 turn left stepping L forward [9]
- 7&8 Make a full triple turn left (moving forward) stepping R, L, R [9]

[9-16] MAMBO STEP-HITCH, BACK R-L-R, COASTER STEP, MONTEREY 1/4 RIGHT

- 1&2& Rock L forward, Recover weight on R, Step L beside right, Hitch R knee [9]
- 3&4 Run back stepping R, L R [9]
- 5&6 Step L back, Step R beside left, Step L forward [9]
- 7&8& Point R toes to right, On ball of left make 1/4 turn right stepping R beside left, Point L toes to left, Step L beside right [12]

[17-24] TOE STRUT FORWARD-1/2 RIGHT-TOE STRUT BACK, BACK-LOCK-BACK, COASTER STEP, SHUFFLE FORWARD

- 1&2& Touch R toes forward, Drop R heel to floor, Make 1/2 turn right and touch L toes back, Drop L heel to floor [6]
- 3&4 Step R back, Lock L across right, Step R back [6]
- 5&6 Step L back, Step R beside left, Step L forward [6]
- 7&8 Shuffle forward stepping R, L , R [6]

[25-32] VAUDEVILLES L & R, CROSS-1/4 LEFT- HEEL-STEP, CROSS SHUFFLE

- 1&2& Step L across right, Step R to right, Touch L heel forward, Step L beside right [6]
- 3&4& Step R across left, Step I to left, Touch R heel forward, Step R beside left [6]
- 5&6& Step L across right, Make 1/4 turn left stepping R back, Touch L heel forward, Step L beside right [3]
- 7&8 Step R across left, Step L to left, Step R across left [3]

[33-40] SIDE-TOGETHER-FORWARD, SIDE-TOGETHER-BACK, HIP BUMPS, TOUCH-STEP-TOUCH-STEP

- 1&2 Step L to left, Step R beside left, Step L forward [3]
- 3&4 Step R to right, Step L beside right, Step R back [3]

***Restart wall 7 facing 9 o'clock add the following & count - step L beside right - restart ***

5&6& Step L to left and bump hips (feet are now apart), Bump hips R, Bump hips L, Touch R toes beside left [3]

***Restart here walls 2 (facing 6 o'clock and wall 4 facing 12 0'clock) ***

7&8 Step R to right, Touch L beside right, Step L to left [3]

During walls 2 (facing 6 o'clock) & wall 4 (facing 12 o'clock) dance through to count 38& then Restart. During wall 7 dance through to count 36 (add the following- Step L beside right) Restart

Ending dance finishes during wall 9 (begins facing 9.00) dance through to count 11& make 1/4 turn right stepping R to side

Last Update - 25 Jan. 2022

