

# Lost

拍數: 32      牆數: 4      級數: Beginner  
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音樂: Lost - Maroon 5



# Intro: 8 Counts

# 1 Tag : After 10wall, 4count Tag(1/2 Pivot Turn×2)

**[Sec. 1] Walk Forward(R, L), Lock Step Forward(×2), Rock & Recover**

1 2            Step forward on RF, Step forward on LF  
3&4          Step forward on RF, Lock step LF behind RF, Step forward on RF  
5&6          Step forward on LF, Lock step RF behind LF, Step forward on LF  
7 8            Step forward on RF, Recover onto LF

**[Sec. 2] Lunge, Lock Step Back, Back Sweep(×2)**

1 2            Step RF to R, Recover onto LF  
3&4          Step back on RF, Lock step LF in front of RF, Step back on RF  
5 6            Step LF backward sweeping RF around to back  
7 8            Step RF backward sweeping LF around to back

**[Sec. 3] Back Weave, Back Lock-recover, Side Shuffle**

1 2            Cross LF behind RF, Step RF to R  
3 4            Cross LF over RF, Step RF to R  
5 6            Cross LF behind RF, Recover onto RF  
7&8          Step LF to L, Close RF next to LF, Step LF to L

**[Sec. 4] Hip Bump(×2), Rocking Chair**

1 2            Bump hips to R  
3 4            1/4 Turn to L Bumping hips  
5 6            Step Forward on RF, Recover onto LF  
7 8            Step backward on RF, Recover onto LF

Have Fun!

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