

Hard To Break

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Improver
編舞者: Sandy Kerrigan (AUS) - January 2022
音樂: Bad Habits - Ed Sheeran : (iTunes)



Dance Info: Dance starts -wt on R- Dance Starts on Lyrics - One 4 Count Tag end of Wall 5-9:00
BPM [126:] Track Length 3:50 - Version 1:00

Fwd Rock Step, Step ¼ L Side, R Hitch, ¼ Step Fwd, ½ Step Back, ½ Shuffle Turn 12:00

1 2 3 4 Rock Fwd on L, Replace Back to R, ¼ Turn L-Step L to L, Hitch R Fwd
5 6 ¼ Turn R-Step Fwd R, ½ Turn R-Step Back on L 6:00
7 & 8 ½ Turning Shuffle R to 12:00 (½ R Fwd R, Step L next to R, Step Fwd R)

Fwd Pivot ¼, Cross, Hold, Step Side, Behind, Side, L Cross Shuffle 3:00

1 2 3 4 Step Fwd L, Pivot ¼ R-wt on R, Cross L over R, Hold
& 5 6 Step R to R, Cross L behind R, Step R to R Side
7 & 8 Cross L over R, Ball of R to R side, Cross L over R

Right Side Rock, Turn ¼ Fwd, ½ L Shuffle Turn, Walk Back, Back, Back L Coaster Step 6:00

1 2 Rock R to R Side, Turning ¼ L-Replace Fwd to L
3 & 4 Turning ½ L-Shuffle Back on R (½ L-Step Back on R, Step L together, Step Back R) to 6:00
5 6 Walk Back L, Walk Back R
7 & 8 Step Back on L, Step R next to L, Step Fwd L

Right Side Rock, Cross, Hold, Side, Behind (small), Hold, Cross Behind, ¼ R-Step Fwd 9:00

1 2 3 4 Rock R to R Side, Replace to L Side, Cross R over L, Hold
& 5 6 Step L to L Side, Place the ball of R -slightly behind L, Hold
7 8 Lift L to cross behind R, Turning ¼ R-Step Fwd R to 9:00

[32]

Note: End of Wall 5-Facing 9:00 Wall-4 count Tag:

1 2 3 4 Rock Fwd L, Replace Back to R, Step Back on L, Step R next to L

Ending: Facing 3:00 dance the last 8 as Follows to face 12:00

1 2 3 4 Rock R to R Side, Replace to L Side, Cross R over L, Hold
& 5 6 Step L to L Side, Place the ball of R -slightly behind L, Hold
& 7 Turning ¼ L to 12:00-Ball Step Fwd L, R
8 Step Fwd L to 12:00

Contact: 0412 723 326 - sandykerrigan@optusnet.com.au