

Up P Up

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Bertanyna (INA) - January 2022
音樂: Up - INNA



Intro : 16 c

*RESTARTS : -
on wall 2 after 16c
on wall 6 after 16c

#SESI 1: SCISSOR (R,L) - V STEP

1 & 2 step R side, close L beside R, cross R over L
3 & 4 step L side, close R beside L, cross L over R
5 - 6. step R to right diagonal forward, step L to left diagonal forward
7 - 8 step R back to center, step L close beside R

#SESI 2: FORWARD - RECOVER - BACK - COASTER STEP - FORWARD LOCK STEP (R,L)

1 & 2 step R forward, recover on L, step R back
3 & 4 step L back, close R beside L, step L forward
5 & 6 step R forward, cross L behind R, step R forward
7 & 8 step L forward, cross R behind L, step L forward

#SESI 3: TOE STRUT (R,L) - SIDE MAMBO - TOE STRUT (L,R) - SIDE MAMBO

1 & 2 & forward touch R toe, drop heel R inplace, forward touch L toe, drop heel L inplace
3 & 4 step R side, step L inplace, close R beside L
5 & 6 & forward touch L toe, drop heel L inplace, forward touch R toe, drop heel R inplace
7 & 8 step L side, step R inplace, close L beside R

#SESI 4: PIVOT 1/2 TURN LEFT - WALK (R,L) - VOLTA 3/4 TURN RIGHT - CLOSE

1 - 2 step R forward, 1/2 turn left recovered on L (facing 6:00)
3 - 4 step R forward, step L forward
5 & 6 & 1/4 turn right crossing R over L (9:00), step on ball of L , 1/4 turn right crossing R over L
(12:00), step on ball of L
7 - 8 1/4 turn right crossing R over L (3:00), close L beside R

#Enjoy for dancing#

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