

# Up P Up

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Bertanyna (INA) - January 2022  
音樂: Up - INNA



Intro : 16 c

\*RESTARTS : -  
on wall 2 after 16c  
on wall 6 after 16c

## #SESI 1: SCISSOR ( R,L) - V STEP

1 & 2      step R side, close L beside R, cross R over L  
3 & 4      step L side, close R beside L, cross L over R  
5 - 6.      step R to right diagonal forward, step L to left diagonal forward  
7 - 8      step R back to center, step L close beside R

## #SESI 2: FORWARD - RECOVER - BACK - COASTER STEP - FORWARD LOCK STEP ( R,L)

1 & 2      step R forward, recover on L, step R back  
3 & 4      step L back, close R beside L, step L forward  
5 & 6      step R forward, cross L behind R, step R forward  
7 & 8      step L forward, cross R behind L, step L forward

## #SESI 3: TOE STRUT ( R,L) - SIDE MAMBO - TOE STRUT ( L,R) - SIDE MAMBO

1 & 2 &      forward touch R toe, drop heel R inplace, forward touch L toe, drop heel L inplace  
3 & 4      step R side, step L inplace, close R beside L  
5 & 6 &      forward touch L toe, drop heel L inplace, forward touch R toe, drop heel R inplace  
7 & 8      step L side, step R inplace, close L beside R

## #SESI 4: PIVOT 1/2 TURN LEFT - WALK ( R,L) - VOLTA 3/4 TURN RIGHT - CLOSE

1 - 2      step R forward, 1/2 turn left recovered on L ( facing 6:00)  
3 - 4      step R forward, step L forward  
5 & 6 &      1/4 turn right crossing R over L (9:00), step on ball of L , 1/4 turn right crossing R over L  
(12:00), step on ball of L  
7 - 8      1/4 turn right crossing R over L (3:00), close L beside R

#Enjoy for dancing#

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