

1 + 1

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jean-Pierre Madge (CH) & Niels Poulsen (DK) - January 2022
音樂: 1+1 (feat. Amir) (Banx & Ranx Remix) - Sia



Intro: Start after 16 counts. Start with weight on L, facing 12:00

NOTE: NO TAGS - NO RESTARTS. You're welcome

[1 - 9] Walk RL, R mambo step, L mambo step, hip rocks X 3

1 - 2 Walk R fwd (1), walk L fwd (2) 12:00
3&4 Rock fwd on R (3), recover back on L (&), step back on R (4) 12:00
5&6 Rock back on L (5), recover fwd on R (&), step fwd on L (6) 12:00
7 - 8 - 1 Push R hip up and fwd and step on R (7), push hip back (8), push hip fwd again (1) 12:00

[10 - 17] Rock L fwd, ¼ L into L chasse, cross, reverse rolling vine

2 - 3 Rock fwd on L (2), recover back on R (3) 12:00
4&5 Turn ¼ L stepping L to L side (4), step R next to L (&), step L to L side (5) 9:00
6 Cross R over L (6) 9:00
7 - 8 - 1 Turn ¼ R stepping back on L (7), turn ½ R stepping R fwd (8), turn ¼ R stepping L a big step to L side (1) 9:00

[18 - 25] Drag, ball cross, R side rock cross, recover sweep, back RL with sweeps

2&3 Drag R towards L (2), step R next to L (&), cross L over R (3) 9:00
4 - 6 Rock R to R side (4), recover on L (5), cross rock R over L (6) 9:00
7 - 8 - 1 Recover back on L sweeping R out to R side (7), step back on R sweeping L out to L side (8), step back on L sweeping R out to R side (1) 9:00

[26 - 33] Behind side 1/8 L, R step lock step, Hold, step turn turn sweep

2 - 3 Cross R behind L (2), step L to L side turning 1/8 L (3) 7:30
4&5 Step fwd on R (4), lock L behind R (&), step fwd on R (5) 7:30
6 HOLD (6) 7:30
7 - 8 - 1 Step L fwd (7), turn ½ R stepping R fwd (8), turn ½ R stepping L back sweeping R to R (1) 7:30

[34 - 40] Behind, L chasse, R cross rock, R chasse 1/8 R

2 Cross R behind L (2) 7:30
3&4 Step L to L side (3), step R next to L (&), step L to L side (4) 6:00
5 - 6 Cross rock R over L (5), recover back on L (6) 6:00
7&8 Step R to R side (7), step L next to R (&), step R to R side turning 1/8 R (8) 7:30

[41 - 48] Diamond 3/8 L, L side rock, L cross shuffle

1&2 Step L fwd (1), turn 1/8 L stepping R to R side (&), turn 1/8 L stepping back on L (2) 4:30
3&4 Step back on R (3), turn 1/8 L stepping L to L side (&), cross R over L (4) 3:00
5 - 6 Rock L to L side (5), recover on R (6) 3:00
7&8 Cross L over R (7), step R to R side (&), cross L over R (8) 3:00

[49 - 56] R side rock, together, L side rock, together, Monterey ½ R, L side mambo ¼ R

1 - 2& Rock R to R side (1), recover on L (2), step R next to L (&) 3:00
3 - 4& Rock L to L side (3), recover on R (4), step L next to R (&) 3:00
5 - 6 Point R to R side (5), turn ½ R on L stepping R next to L (6) 9:00
7&8 Rock L to L side (7), turn ¼ R stepping onto R (&), step fwd on L (8) 12:00

[57 - 64] Travelling samba steps fwd, R rocking chair, step ½ L with R flick

1&2 Step R fwd (1), rock L to L side (&), recover on R (2) 12:00
3&4 Step L fwd (3), rock R to R side (&), recover on L (4) 12:00
5&6& Rock R fwd (5), recover back on L (&), rock back on R (6), recover fwd on L (&) 12:00
7 - 8 Step R fwd (7), turn $\frac{1}{2}$ L stepping down on L AND flicking R backwards (8) 6:00

Start again and... HAVE FUN with this one!

Ending Wall 6 is your last wall. Change the reverse rolling vine to $\frac{1}{4}$ R, $\frac{1}{2}$ R, fwd L to face 12:00 \square 12:00
