

# 1 + 1

拍數: 64                      牆數: 2                      級數: Intermediate  
編舞者: Jean-Pierre Madge (CH) & Niels Poulsen (DK) - January 2022  
音樂: 1+1 (feat. Amir) (Banx & Ranx Remix) - Sia



**Intro: Start after 16 counts. Start with weight on L, facing 12:00**

**NOTE: NO TAGS - NO RESTARTS. You're welcome**

**[1 - 9] Walk RL, R mambo step, L mambo step, hip rocks X 3**

1 - 2                      Walk R fwd (1), walk L fwd (2) 12:00  
3&4                      Rock fwd on R (3), recover back on L (&), step back on R (4) 12:00  
5&6                      Rock back on L (5), recover fwd on R (&), step fwd on L (6) 12:00  
7 - 8 - 1                Push R hip up and fwd and step on R (7), push hip back (8), push hip fwd again (1) 12:00

**[10 - 17] Rock L fwd, ¼ L into L chasse, cross, reverse rolling vine**

2 - 3                      Rock fwd on L (2), recover back on R (3) 12:00  
4&5                      Turn ¼ L stepping L to L side (4), step R next to L (&), step L to L side (5) 9:00  
6                          Cross R over L (6) 9:00  
7 - 8 - 1                Turn ¼ R stepping back on L (7), turn ½ R stepping R fwd (8), turn ¼ R stepping L a big step to L side (1) 9:00

**[18 - 25] Drag, ball cross, R side rock cross, recover sweep, back RL with sweeps**

2&3                      Drag R towards L (2), step R next to L (&), cross L over R (3) 9:00  
4 - 6                      Rock R to R side (4), recover on L (5), cross rock R over L (6) 9:00  
7 - 8 - 1                Recover back on L sweeping R out to R side (7), step back on R sweeping L out to L side (8), step back on L sweeping R out to R side (1) 9:00

**[26 - 33] Behind side 1/8 L, R step lock step, Hold, step turn turn sweep**

2 - 3                      Cross R behind L (2), step L to L side turning 1/8 L (3) 7:30  
4&5                      Step fwd on R (4), lock L behind R (&), step fwd on R (5) 7:30  
6                          HOLD (6) 7:30  
7 - 8 - 1                Step L fwd (7), turn ½ R stepping R fwd (8), turn ½ R stepping L back sweeping R to R (1) 7:30

**[34 - 40] Behind, L chasse, R cross rock, R chasse 1/8 R**

2                          Cross R behind L (2) 7:30  
3&4                      Step L to L side (3), step R next to L (&), step L to L side (4) 6:00  
5 - 6                      Cross rock R over L (5), recover back on L (6) 6:00  
7&8                      Step R to R side (7), step L next to R (&), step R to R side turning 1/8 R (8) 7:30

**[41 - 48] Diamond 3/8 L, L side rock, L cross shuffle**

1&2                      Step L fwd (1), turn 1/8 L stepping R to R side (&), turn 1/8 L stepping back on L (2) 4:30  
3&4                      Step back on R (3), turn 1/8 L stepping L to L side (&), cross R over L (4) 3:00  
5 - 6                      Rock L to L side (5), recover on R (6) 3:00  
7&8                      Cross L over R (7), step R to R side (&), cross L over R (8) 3:00

**[49 - 56] R side rock, together, L side rock, together, Monterey ½ R, L side mambo ¼ R**

1 - 2&                      Rock R to R side (1), recover on L (2), step R next to L (&) 3:00  
3 - 4&                      Rock L to L side (3), recover on R (4), step L next to R (&) 3:00  
5 - 6                      Point R to R side (5), turn ½ R on L stepping R next to L (6) 9:00  
7&8                      Rock L to L side (7), turn ¼ R stepping onto R (&), step fwd on L (8) 12:00

**[57 - 64] Travelling samba steps fwd, R rocking chair, step ½ L with R flick**

1&2 Step R fwd (1), rock L to L side (&), recover on R (2) 12:00  
3&4 Step L fwd (3), rock R to R side (&), recover on L (4) 12:00  
5&6& Rock R fwd (5), recover back on L (&), rock back on R (6), recover fwd on L (&) 12:00  
7 - 8 Step R fwd (7), turn  $\frac{1}{2}$  L stepping down on L AND flicking R backwards (8) 6:00

**Start again and... HAVE FUN with this one!**

**Ending Wall 6 is your last wall. Change the reverse rolling vine to  $\frac{1}{4}$  R,  $\frac{1}{2}$  R, fwd L to face 12:00  $\square$  12:00**

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