Tonight (I Ain't Rock)



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Mikael Mölsä (FIN) - 5 August 2014

音樂: Tonight (I Ain't Rock) - Dick Brave & The Backbeats: (CD: Rock'n'Roll Therapy)



Starting point: Start on the vocals, at about 00:21.

Note: There is one restart on wall 7. On that wall dance the first 16 counts (you'll then be facing 9:00) and restart the dance from the top.

Ending: The dance ends on wall 9, right after the last beats. On that wall do TWO normal (not turning) jazzboxes to keep facing the front wall. After the two jazzboxes strike a pose for a great finish!

TOE STRUT, SIDE ROCK, TOE STRUT, SIDE ROCK

1-2	Touch right toe forward, step right heel down
3-4	Rock left to side, recover weight back to right
5-6	Touch left toe forward, step left heel down
7-8	Rock right to side, recover weight back to left

Styling note: On wall 4 and after the restart (on wall 8) there is a strong beat on the 4th and the 8th count of the 1st set of 8's. On those counts jump heavily on the recovery-leg (on the right on count 4, and on the left foot on count 8) to emphasize the count.

SIDE SHUFFLE, 1/4 LEFT TURN, SIDE SHUFFLE, 1/4 LEFT TURN, SIDE SHUFFLE, 1/4 LEFT TURN, SIDE SHUFFLE

1&2	Step right to side, step left next to right, step right to side	
&3&4	Turn 1/4 to left, step left to side, step right next to left, step left to side (now facing 9:00)	
&5&6	Turn 1/4 to left, step right to side, step left next to right, step right to side (now facing 6:00)	
&7&8	Turn 1/4 to left, step left to side, step right next to left, step left to side (now facing 3:00)	
Note: Restart on wall 7 comes here.		

KICK, STEP BACK, 1/4 RIGHT TURNING TWIST, SHUFFLE RIGHT, ROCK BACK

1-2	Kick right foot forward, step right back
3-4	Turn 1/4 to right while twisting to left heel and right toe, twist right toe and left heel to back to centre (feet shoulder width apart, weight ends up on left foot) (now facing 6:00)
5&6	Step right to side, step left next to right, step right to side
7-8	Rock left back, recover weight back to right

Styling note: Those wanting to play with the music more, try stretching out the 4th in this set of 8's and the 4th count on the 4th set of 8's to give out more of a pose-feel to the steps and to bring out the distinct beat on those counts on many walls.

TOE TOUCHES, SLIDE, TOGETHER, ROCK BACK, SHUFFLE RIGHT

Rock left back, recover weight back to right

1-2	Touch left toe to side, touch left toe together
3-4	Take a big step to left, slide right next to left
5-6	Rock right back, recover weight back to left
7&8	Step right to side, step left next to right, step right to side

1/2 RIGHT TURNING PIVOT TURN WITH HOLDS STEP FORWARD, HOLD 1/2 TURN RIGHT HOLD

I/Z KIGH I	TORNING FIVOT TORN WITH HOLDS, STEP FORWARD, HOLD, 1/2 TORN RIGHT, HOLD
1-2	Step left forward, hold
3-4	Turn 1/2 to right, hold (facing 12:00)

5-6 Step left forward, hold

7-8 Turn 1/2 to right and touch right next to left, hold (now facing 6:00)

1/4 RIGHT TURNING JAZZBOX, JAZZBOX

Step right across left, step left back 1-2

- 3-4 Turn 1/4 to right and step right forward, step left next to right (now facing 9:00)
- 5-6 Step right across left, step left back7-8 Step right side, step left next to right

REPEAT