

Cat and Mouse (고양이와 쥐) (Solo / Partner)

COPPER KNOB
STEPSHEETS

拍數: 38 牆數: 0 級數: Improver Progressive Solo / Partner
編舞者: Dick Rogers (USA) & Nancy Rogers (USA) - January 2022
音樂: Let's Chase Each Other Around the Room - Thompson Square



Notes: No tags or restarts. Gender neutral. Can be done solo using either the Lead role or Follow role version, or as a chase alternating Lead and Follow dancers in single file. Also, can be done as a partner dance side-by-side in shine, or as a limited-touch partner dance where only inside hands connect. The first set of steps described below are typical Lead role steps, and the second set are typical Follow role steps. Abbreviation: CBMP = Contra Body Movement Position. Korean pronunciation: goyang-iwa jwi.

LEAD ROLE STEPS

Starting Position: Weight on RF

[1-6] BASIC TWO-STEP FORWARD LOD (QQSS)

- 1-2 Step LF forward (Q), step RF forward (Q)
- 3-4 Step LF forward (S)
- 5-6 Step RF forward (S)

[7-12] BASIC TO BACK LOD (QQSS)

- 1-2 Step LF forward (Q), step RF forward (Q)
- 3-4 Turn ¼ R and step LF to L (S)
- 5-6 Turn ¼ R and step back on RF (S)

[13-16] BACK COASTER (QQS)

- 1-2 Step LF back (Q), step RF beside LF (Q)
- 3-4 Step LF forward (S)

[17-20] STEP FORWARD, PIVOT ½ L, STEP FORWARD IN CBMP* (QQS)

- 1-2 Step RF forward (Q), pivot ½ L on ball of RF and transfer weight to LF (Q)
- 3-4 Step RF forward and slightly across LF with toe turned out slightly to R and upper body turned slightly L (CBMP) (S)

[21-26] PIVOT ½ R, PIVOT ½ R, STEP FORWARD, STEP FORWARD (QQSS)

- 1 Pivot ½ R on ball of RF and step back on LF (Q)
- 2 Pivot ½ R on ball of LF and step forward on RF (Q)
- 3-4 Step LF forward (S)
- 5-6 Step RF forward (S)

Easy option: To replace pivot turns, simply run, run forward for the QQ.

[27-30] FORWARD AND ¼ PIVOT R, CLOSE CHANGE, CROSS (QQS)

- 1-2 Step LF forward and pivot ¼ R (Q), slide RF to heel of LF (3rd position) (Q)
- 3-4 Cross LF over RF (S)

[31-34] STEP R, CLOSE CHANGE, CROSS

- 1-2 Step RF to R (Q), slide LF to heel of RF (3rd position) (Q)
- 3-4 Cross RF over LF (S)

[35-38] TURN ¼ L AND STEP DIAGONAL FORWARD L, TOUCH, STEP DIAGONAL BACK R, TOUCH

- 1 Turn ¼ L to face LOD and step LF diagonal forward L (Q)

- 2 Touch RF beside LF (Q)
- 3 Step RF diagonal back L (Q)
- 4 Touch LF beside RF (Q)

START OVER

FOLLOW ROLE STEPS

Starting Position: Weight on LF

[1-6] BASIC TWO-STEP FORWARD LOD (QQSS)

- 1-2 Step RF forward (Q), step LF forward (Q)
- 3-4 Step RF forward (S)
- 5-6 Step LF forward (S)

[7-12] BASIC TO BACK LOD (QQSS)

- 1-2 Step RF forward (Q), step LF forward (Q)
- 3-4 Turn ¼ L and step RF to R (S)
- 5-6 Turn ¼ L and step back on LF (S)

[13-16] BACK COASTER (QQS)

- 1-2 Step RF back (Q), step LF beside RF (Q)
- 3-4 Step RF forward (S)

[17-20] STEP FORWARD, PIVOT ½ R, STEP FORWARD IN CBMP* (QQS)

- 1-2 Step LF forward (Q), pivot ½ R on ball of LF and transfer weight to RF (Q)
- 3-4 Step LF forward and slightly across RF with toe turned out slightly to L and upper body turned slightly R (CBMP) (S)

[21-26] PIVOT ½ L, PIVOT ½ L, STEP FORWARD, STEP FORWARD (QQSS)

- 1 Pivot ½ L on ball of LF and step back on RF (Q)
- 2 Pivot ½ L on ball of RF and step forward on LF (Q)
- 3-4 Step RF forward (S)
- 5-6 Step LF forward (S)

Easy option: To replace pivot turns, simply run, run forward for the QQ.

[27-30] FORWARD AND ¼ PIVOT L, CLOSE CHANGE, CROSS (QQS)

- 1-2 Step RF forward and pivot ¼ L (Q), slide LF to heel of RF (3rd position) (Q)
- 3-4 Cross RF over LF (S)

[31-34] STEP L, CLOSE CHANGE, CROSS

- 1-2 Step LF to L (Q), slide RF to heel of LF (3rd position) (Q)
- 3-4 Cross LF over RF (S)

[35-38] TURN ¼ R AND STEP DIAGONAL FORWARD R, TOUCH, STEP DIAGONAL BACK L, TOUCH

- 1 Turn ¼ R to face LOD and step RF diagonal forward R (Q)
- 2 Touch LF beside RF (Q)
- 3 Step LF diagonal back R (Q)
- 4 Touch RF beside LF (Q)

START OVER

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Last Update: 22 Aug 2022

