

Montana (P)

拍數: 32

牆數: 0

級數: Easy Intermediate Pattern Partner
Circle



編舞者: Barb Monroe (USA) & Dave Monroe (USA) - December 2021

音樂: The Cowboy Rides Away - George Strait

Couples start in side by side sweetheart position with opposite footwork through out

Man's steps are described except where noted

****We dedicate this dance to Johnny Montana, Bill "Dude" Allard and all our friends who are dancing in heaven**

(1-8) Walk, Walk, Shuffle, Lady ½ turn, Shuffle

1-2 Walk forward R, L

3&4 Shuffle forward R, L, R

5-6 Man: Walk forward L, R (bring R arms over lady's head while dropping L arms)

Lady: Step forward R turning ¼ turn L, step back L (towards LOD) turning ¼ turn L (facing RLOD)

7&8 Shuffle to LOD L, R, L (man facing LOD, lady facing RLOD)

(9-16) Man ½ turn, Shuffle, Both ½ turn, Shuffle

1-2 Man: Step forward R turning ¼ turn L, Step back L (towards LOD) turning ¼ turn L (both facing RLOD)

(R arms stay connected going behind man's back (hammerlock), left arms reconnect in front)

Lady: Walk in place L, R

3&4 Shuffle back (towards LOD) R, L, R (facing RLOD)

5-6 Starting ½ clockwise pinwheel walk L, R leading the lady

7&8 Finish ½ pinwheel shuffling L, R, L (still in hammerlock now facing LOD)

(17-24) Walk, Walk, Shuffle, Step, ¼ turn, Shuffle

1-2 Walk forward R, L

3&4 Shuffle forward R, L, R

5-6 Man: Step forward L, Pivot ¼ turn R (releasing hands) stepping R (facing OLOD)

Lady: Step forward R, Pivot ¼ turn L stepping L (facing ILOD)

7&8 Shuffle away from each other stepping L, R, L (lady opposite feet)

(25-32) Step, ½ turn, Shuffle, Step, ¼ turn, Shuffle

1-2 Man: Step R, Pivot ½ turn L stepping L (facing ILOD)

Lady: Step L, Pivot ½ turn R stepping R (facing OLOD)

3&4 Shuffle to your partner R, L, R (now right shoulder to right shoulder, picking up R arms at shoulder)

5-6 Step L, Pivot ¼ turn R stepping R (facing LOD)

7&8 Shuffle to LOD stepping L, R, L reconnecting arms in sweetheart position

Begin Again