

Old Sh!t

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jo Boocock (NZ) & Bex Roper (NZ) - November 2021
音樂: Old Sh!t - Miranda Lambert



#8 count intro

Heel digs x 2, heel hook, heel dig, repeat 1&2&3&4& R heel forward, step R beside L, L heel forward, step L beside R, R heel Forward, Hook R over Left, R heel forward, R step beside L

5&6&7&8& L heel forward, step L beside R, R heel forward, step R beside L, L heel Forward, Hook L over R, L heel forward, L step beside R

Lock forward on Right, Lock forward on Left, ½ pivot, ¼ pivot

1&2, 3&4 R step forward, L lock in behind R, R step forward, L step forward, R Lock In behind L

5,6,7,8 R step forward, ½ pivot left, weight forward on L, R step forward, ¼ pivot left, weight on L

Vaudeilles x 2, rock recover step back, coaster step

1&2& R step over L, L step L, R heel dig diagonal forward, R step R

3&4& L step over R, R step R, L heel dig diagonal forward, L step L

5&6,7&8 Rock R fwd, Recover on L, Step R back, Step L back, Step R by L, Step L fwd

Point & point, behind side cross, point & point, coaster step

1&2 R point R, R touch beside L, R point R

3&4 R cross behind L, L step L, R cross over L

5&6 L point L, L touch beside R, L point L

7&8 L step Back, R step beside L, L step forward

This dance was choreographed during class with my wonderful Opua Dancers as a fun demo for them to do at one of my upcoming socials.

We had a lot of fun and laughs doing this. Hope you enjoy it!

Restart walls 2, 4 & 7 after 24 counts (FACING 6, 12 & 6)

Restart wall 6 after 16 counts (FACING 6)

Ending repeat counts 25-32 - Section 4 following by a forward lock on the R and a forward lock on the L to finish

LET'S SEE WHAT HAPPENS!

Dance edit, email: jobex.bootscoot@gmail.com