拍數： $64 ~$ 靕數： 4
級數：Improver
編舞者：Anna－Maria Mejlon（SWE）－January 2022
音樂：Honey，Honey－ABBA ：（Mamma Mia！OST）

Intro－16 counts

Walk walk walk walk，jump forward clap jump backwards clap
1－2 step fwd on $R$ ，step fwd on $L$
3－4 step fwd on $R$ ，step fwd on $L$
5－6 jump fwd and clap
7－8 jump back and clap

Bump bump，bump bump jazz box $1 / 4$
1－2 bump twice to the R
3－4 bump twice to the $L$
5－6 cross $R$ over $L$ ，step back on $L$
7－8 step $R$ to right side while turning $1 / 4$ to the right，step $L$ beside $R$
Walk walk walk walk，jump forward clap jump backwards clap
1－2 step fwd on R，step fwd on $L$
3－4 step fwd on $R$ ，step fwd on $L$
5－6 jump fwd and clap
7－8 jump back and clap
Bump bump，bump bump jazz box
1－2 bump twice to the $R$
3－4 bump twice to the $L$
5－6 cross $R$ over $L$ ，step back on $L$
7－8 $\quad$ step $R$ to right side，step $L$ beside $R$
Step side touch step side touch，rolling vine touch
1－2 $\quad$ step $R$ to right side，touch $L$ next to $R$
3－4 step $L$ to left side，touch $R$ next to $L$
5－6 step $R$ to right side turning $1 / 4$ to the right，step back on $L$ turning $1 / 2$ to the right
7－8 step $R$ to right side turning $1 / 4$ to the right，touch $L$ next to $R$

Step side touch，step side touch，rolling vine
1－2 step $L$ to left side，touch $R$ next to $L$
3－4 step $R$ to right side，touch $L$ next to $R$
5－6 step $L$ to left side turning $1 / 4$ to the left，step back on $R$ turning $1 / 2$ to the left
7－8 step $L$ to left side turning $1 / 4$ to the left ，touch $R$ next to $L$
Fwd touch，fwd touch，back touch，back touch
1－2 step diagonally fwd on $R$ ，touch $L$ next to $R$
3－4 step diagonally fwd on $L$ ，touch $R$ next to $L$
5－6 step diagonally back on $R$ ，touch $L$ next to $R$
7－8 step diagonally back on $L$ ，touch $R$ next to $L$
Kick fwd kick side sailor step，kick fwd kick side，sailor step
1－2 kick $R$ fwd，kick $R$ to right side
3\＆4 step $R$ behind $L$ ，step $L$ to left side，step $R$ to right side

5-6 kick $L$ fwd, kick $L$ to left side
7\&8
step $L$ behind $R$, step $R$ to right side, step $L$ to left side
Tag after wall 1,2 and 4:
1-4
bump hips $R$, bump hips $L$, bump hips $R$, bump hips $L$
Ending on wall 6:
1-8 lift $R$ arm up slowly
1-8 lift $L$ arm up slowly
1-8 put down $R$ arm slowly while turning $1 / 2$ to the right
1-8 slowly take $L$ arm down placing $L$ hand on your heart

