

Good Ones

拍數: 32 牆數: 4 級數: Improver
編舞者: Hiroko Carlsson (AUS) - January 2022
音樂: Good Ones - Charli XCX : (iTunes/Amazon)



(16 counts intro)

[S1] Side, Behind Rock, Side, Behind, 1/4R, Step-Pivot 1/4R

1 2 Step L to the side, Rock R behind L
3 4 Replace weight on L, Step R to the side
5 6 Step L behind R, Make a 1/4 turn right stepping forward on R (3:00)
7 8 Step forward on L, Make a 1/4 turn right recover weight on R** (6:00)

[S2] Cross Rock, 1/4L Shuffle, Step-Pivot 1/2L, Fwd w/ Drag, Touch

1 2 Rock across R over L, Replace weight on L
3&4 Make a 1/4 turn left stepping forward on L, Step R next to L, Step forward on L (3:00)
5 6 Step forward on R, Make a 1/2 turn left recover weight on L (9:00)
7 8 Step forward on R dragging L close to R, Touch L next to R

[S3] Lindy L-R

1&2 Side shuffle to the left on L-R-L
3 4 Rock R behind L, Replace weight on L
5&6 Side shuffle to the left on R-L-R
7 8 Rock L behind R, Replace weight on R

[S4] Side, Touch, Kick-Ball-Cross, 1/2R, Hold, Coaster-Step

1 2 Step L to the side, Touch R next to L
3&4 Kick R diagonally forward, Step R beside L, Cross L over R
5 6 Make a swift 1/2 turn right weight ends on L, Hold (3:00)
7&8 Step back on R, Step L next to R, Step forward on R

Restart on Wall 4 (starts facing 9:00) count 8 (3:00)**

Ending suggestion: The last wall starts facing 6:00, dance up to count 8, then Step forward on L (12:00)

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 12/Jan/22)**