American Bad Dream



拍數: 32 牆數: 4 級數: Intermediate

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Starting point: At vocals, at about 0:08.

Note: The dance has one tag after wall 2 and one restart after count 24 on wall 5.

STEP BEHIND WITH SWEEP, STEPS BACK, PONY STEP, ROCKING CHAIR, SKATE

1-2 Step right behind left and sweep left from front to back, step left back

Rock right back, recover weight back to left, rock right back, recover weight back to left

Rock right forward, recover weight back to left, rock right back, recover weight back to left

7 Skate right forward

1/4 LEFT TURNING SHUFFLE FORWARD WITH A SWEEP, 1/4 RIGHT TURNING JAZZBOX, SYNCOPATED ROCK-N-CROSS, SIDE STEP

8&1 Turn ¼ left and step left forward, step right next to left, step left forward and sweep right from

back to front

2-5 Step right across left, step left back, turn ¼ to right and step right to side, step left across

right

&6 Rock right to right side, recover weight back to left

&7 Step right across left, step left to left side

1/2 LEFT TURNING SYNCOPATED BACK ROCK STEP WITH A SWEEP, CAMEL WALKS, SYNCOPATED 1/2 RIGHT TURNING PIVOT, STEPS FORWARD, SIDE STEP

8&1 Rock right back, recover weight back to left, turn ½ to left while stepping right back and

sweep left from front to back

2 Continue sweep by bringing left next to right

3-4 Camel walk forward left, right 5& Step forward left, turn ½ to right 6&7 Step forward left, right, left

8& Step right to right side, step left to left side

Note: Restart comes here on wall 5.

ROCK STEP, REVERSE PADDLE TURN TURNING 1/4 TO RIGHT, BACK ROCK, SIDE ROCK, STEP FORWARD, STEP OUT, STEP OUT

1& Rock right forward, recover weight back to left

2& Rock right to right side, recover weight back to left while turning ¼ to right

3& Rock right to right side, recover weight back to left

4 Step right back

5& Rock left back, recover weight back to right

6&7 Rock left to left side, recover weight back to right, step left forward

8& Step right to right side, step left to left side

REPEAT

TAG (8 counts, after wall 2)

STEP BEHIND WITH SWEEP, COASTER STEP, JAZZBOX

1	Step right behind left and sweep left from front to back
2&3	Step left back, step right next to left, step left forward

4-7 Step right across left, step left back, step right to right side, step left forward

8& Step right to right side, step left to left side

