

Who's In Your Head

拍數: 48 牆數: 4 級數: High Intermediate Cha
編舞者: Kate (KOR) - January 2022
音樂: Who's In Your Head - Jonas Brothers



Introduction : 16 Counts

Sequence : 48-40-48-40-32-Tag-40-32

Start facing 3:00

(Sec 1) Side L, 1/4 L, together, side chasse ,check recover, cha cha batucada

1-2 Step L side(1), Turn 1/4 L, close R to L(2) 12:00 weight on L
3&4 Step R side(3), close L to R(&), Step R side(4)
5-6 Step L fwd(5), recover R(6)
7&a Step L cross behind R(7), Step R cross over L(&), Step L back(a)
8&a Step R cross behind L(8), Step L cross over R(&), Step R back(a)
1&a Step L cross behind R(1), Step R cross over L(&), Step L back(a)

(Sec 2) Back, 1/8 R, fwd lock step, fwd check, back together, cross

2 Rock back R(2)
3&4 Turn 1/8 R Step L fwd(3), lock R behind L(&), step L fwd(4) 1:30
5-6 Step L fwd(5), recover L(6)
7&8 Step R back(7), close L to R(&), Turn 1/8 L Step R cross over L(8) 12:00

(Sec 3) Knee roll In-out, twist, check, side cucaracha L-R, footchange

1-2 L knee roll In-L cross over R(1), L knee roll out- point L to L side(2) weight on R
3 Twist - stand on the ball with your feet.
4 Step R cross over L,lock L behind R (high check)
&-5 Step L recover(&), Step R side(5)
6-7 cucaracha to L(6), cucaracha to R(7)
8-& close L to R(&), close R to L(8) weight on R

(Sec 4) Fwd together hitch, back together side, back together hitch, fwd together side

1&2 Step L fwd(1), close R to L(&), Step L hitch(2)
3&4 Step L back(3), close R to L(&), Step L side(4)
5&6 Step R back(5), close L to R(&), Step R hitch(6)
7&8 Step R fwd(7), close L to R(&), Step R side(8)

Restart : 2w, 4w, 6w - (Sec4) X 2 and restart

Tag(4c) : 5w - after 32c

(Sec 5) 1/8 R fwd together back together, fwd 1/2 pivot side touch X2

1&2& Turn 1/8 R Step L fwd(1), Step R next to L(&), Step L back(2) Step R next to L(&) 1:30
3&4& Step L fwd(3), pivot 1/2 R recover(&) Turn 3/8 R Step L side(4), Touch R next to L(&) 12:00
5&6& Turn 1/8 L Step R fwd(5)10:30, Step L next to R(&), Step R back(6) Step L next to R(&)
7&8& Step R fwd(7), pivot 1/2 L recover(&), Turn 3/8 L Step R side(8) Touch L next to R(&) 12:00

(Sec 6) 1/8 R, fwd hold, recover together fwd, fwd, full turn, hold, side together

1-2 Turn 1/8 R Step L fwd(1) hold(2) 1:30
3&4 recover R(3), Step L next to L(&), Step R fwd(4)
5-6 Step L fwd, (5), 1/2 full turn R, weight on R(6) 7:30
7&8 Turn 3/8 R upper body 12:00 (7), Step L side(&), close R to L(8)

* TAG : on wall 5,after 32count, facing 12:00 4 Counts
slowly turn your head counterclockwise

Happy Dancing !
