

Singing Me Home

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Singing Me Home - Lady A



[1-8] Side step - Behind - Side shuffle - Skates (L-R) - Shuffle fwd

1-2 RF right - left behind right
3 & 4 RF to the right - LF next to RF - RF to the right
5-6 Skate left - Skate right
7 & 8 LF forward - RF next to LF - LF forward

[9-16] Rocking chair - Side rock - Behind side cross

1-2 RF forward with press - Back press left
3-4 RF backward with support - Back support left
5-6 RF to the right with press - Back press LF *
7 & 8 RF behind left - Step left to the left - Cross right over left

[17-24] Side step - Behind - Side shuffle - Skates (R-L) - Shuffle fwd

1-2 LF to left - RF behind left
3 & 4 LF to left - RF next to LF - LF to left
5-6 Skate Right - Skate Left
7 & 8 RF forward - left next to right - RF forward

[25-32] Rocking chair - Side rock - Sailor step

1-2 LF forward with support - Back press R
3-4 LF backwards with support - Back rests right
5-6 LF to the left with support - Back press R
7 & 8 Step left behind right - Step right to right - Step left to left

[33-40] Step fwd - 1/2 turn (L) - Shuffle fwd - Step fwd - 1/2 turn (R) - 1/4 turn (R) Side shuffle

1-2 RF forward - 1/2 turn left
3 & 4 RF forward - step left next to right - step right forward
5-6 LF forward forward - 1/2 turn right
7 & 8 1/4 turn right - step left to left - step right next to left - left to the left

[41-48] Rock back - Side shuffle - Rock back - Side shuffle

1 - 2 RF backward with support - Back support left
3 & 4 RF to the right - LF next to RF - RF to the right
5-6 LF backwards with support - Back presses right
7 & 8 Step left to left - Step right next to left - Step left to left

[49-56] Step fwd - 1/2 turn (L) - Shuffle fwd - Step fwd - 1/2 turn (R) - 1/4 turn (R) Side shuffle

1-2 RF forward - 1/2 turn left
3 & 4 RF forward - step left next to right - step right forward
5-6 LF forward - 1/2 turn right
7 & 8 1/4 turn right - step left to left - step right next to left

[57-64] Behind - 1/4 turn (L) - Step fwd (L) - Shuffle fwd - Rock fwd - Shuffle 1/2 turn (L)

1-2 RF behind left - 1/4 turn left - left forward **
3 & 4 RF forward - step left next to right - step right forward
5-6 LF forward with support - Back press R

7 & 8 1/2 turn left - step left forward - step right next to left - Left forward

Tag: Kick ball change

On the wall 3 * - After count 6 of the 2nd section(6H wall)

On wall 4 ** - After count 2 of the last section (9H wall)

Restarts: On the wall 5 - After the 7th section (3H wall) + after Tag

Final: Beginning of the 8th wall (9H) - After the first 2 counts

Make 1/4 turn to the right and finish the section facing (12H)
