

Heading Home

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rosa Beltran Greentree (AUS) - January 2022
音樂: Heading Home - Alan Walker & Ruben



Restart: Wall 8(3:00) after 8 counts.

Step change: Wall 8(3:00) on S1, count 8.

No tag.

Intro: Start when vocals start on 'I was so

S1: Lindi Shuffle (right, left)

1&2 Step R to right(1), step L next to R(&), step R to side(2)
3 4 Rock L back(3), recover on R(4)
5&6 Step L to left(5), step R next to L(&), step L to side(6)
7 8 Rock R back(7), recover on L sweeping R around to front(8)

*Restart here on Wall 8(3:00) facing 3:00

*Step change here on Count 8. Recover on L without sweeping R but rather ready for the restart.

S2: 1/8 left Fwd rock, 1/2 right Fwd shuffle, Fwd rock, 1/8 left L Sailor

1 2 1/8 turn left Rock R fwd(1), recover on L(2) 10:30
3&4 1/2 turn right Step R fwd(3), step L next to R(&), step R fwd(4) 4:30
5 6 Rock L fwd(5), recover on R(6)
7&8 1/8 left Step L behind R(7), step R to side(&), step L to side(8) 3:00

S3: Weave to left, Side rock with sways, Behind, 1/4 right Fwd, Fwd

1 2 Cross R over L(1), step L to side(2)
3&4 Step R behind L(3), step L to side(&), cross R overL(4)
5 6 Rock L to side sway left(5), recover on R sway right(6)
7&8 Step L behind R(7), 1/4 turn right Step R fwd(&), step L fwd(8) 6:00

S4: Rocking chair, 1/4 right Jazz Box cross

1 2 3 4 Rock R fwd(1), recover on L(2), rock R back(3), recover on L(4)
5 6 7 8 Cross R over(5), step R back(6), 1/4 right R to side(7), cross L over R(8) 9:00

Start dance again.

End of dance: Finish dance on Wall 11(9:00) after 16 counts then cross R over L facing 12:00.

Enjoy! lovepeace2all