

Anything Goes

COPPER KNOB
STEPSHEETS

拍數: 64
編舞者: Dolly Kingsley (USA) - July 2021
音樂: Anything Goes - Frank Sinatra

牆數: 0

級數: Phrased Improver



Introduction: 8 counts

Easy Sequence Dance: AABA, AABA, C (Ending)

PART A 32 COUNTS

HEEL STEP, HEEL STEP, HEEL BALL CHANGE, HEEL STEP

1-4 Touch R Heel Fwd (1), Step R beside L (2), Touch L Heel Fwd (3), Step L beside R (4)
5&6 Touch R Heel Fwd (5), Step on ball of R next to L raising L (&), Step on L next to R (6),
7, 8 Touch R Heel Fwd (7), Step R beside L (8)

HEEL STEP, HEEL STEP, HEEL BALL CHANGE, HEEL STEP

1-4 Touch L Heel Fwd (1), Step L beside R (2), Touch R Heel Fwd (3), Step R beside L (4)
5&6 Touch L Heel Fwd (5), Step on ball of L next to R raising R (&), Step on R next to L (6),
7, 8 Touch L Heel Fwd (7), Step L beside R (8)

TURNING ¼ LEFT (9:00) - VINE RIGHT WITH A TOUCH, POINT OUT IN OUT IN

1-4 Turning ¼ Left - Step R to R side (1), Step L behind R (2), Step R to R side (3), Touch L to R (4)
5-8 Touch L Toe out to L side (5), Touch L Toe beside R (6), Touch L Toe out to L side (7),
Touch L Toe beside R (8)

VINE LEFT WITH A TOUCH, POINT OUT IN OUT IN

1-4 Step L to L side (1), Step R behind L (2), Step L to L side (3), Touch R to L (4)
5-8 Touch R Toe out to R side (5), Touch R Toe beside L (6), Touch R Toe out to R side (7),
Touch R Toe beside L (8)

PART B 32 COUNTS

(DIAGONAL R FORWARD) STEP TOGETHER, STEP TOUCH. (DIAGONAL L BACK) STEP TOGETHER, STEP TOUCH

1-4 Step R to right front diagonal (1), Step L beside R (2), Step R to right front diagonal (3),
Touch L to R (4)
5-8 Step L to left back diagonal (5), Step R beside L (6), Step L to left back diagonal (7), Touch R
to L (8)

(DIAGONAL R BACK) STEP TOGETHER, STEP TOUCH. (DIAGONAL L FORWARD) STEP TOGETHER, STEP TOUCH

1-4 Step R to right back diagonal (1), Step L beside R (2), Step R to right back diagonal (3),
Touch L to R (4)
5-8 Step L to left front diagonal (5), Step R beside L (6), Step L to left front diagonal (7), Touch R
to L (8)

NOTE: Think of these first 16 counts as an "extended" K step

JAZZ BOX WITH TOE STRUTS

1-4 Step Crossing R Toe over L (1), Drop R Heel (2), Step L Toe back (3), Drop L Heel (4)
5-8 Step R Toe to right side (5), Drop R Heel (6), Step L Toe next to R (7), Drop L Heel (8)

STEP FORWARD, HOLD, PIVOT ¼ LEFT, HOLD, JAZZ BOX

1-4 Step R Fwd (1), Hold (2), Step L ¼ turn left (3), Hold (4)
5-8 Step crossing R over L (5), Step back on L (6), Step R to right side (7), Step L beside R (8)

PART C (ending) - 47 COUNTS You will be facing 12:00.

Do first 24 counts of PART B

[1-24] 16 Count "Extended" K Step and Jazz Box with Toe Struts

STEP FORWARD, HOLD, PIVOT ¼ LEFT, HOLD - 4X

- 1-4 Step R Fwd (1), Hold (2), Step L ¼ turn left (3), Hold (4) - (ending at 9:00)
- 5-8 Step R Fwd (5), Hold (6), Step L ¼ turn left (7), Hold (8) - (ending at 6:00)
- 1-4 Step R Fwd (1), Hold (2), Step L ¼ turn left (3), Hold (4) - (ending at 3:00)
- 5-8 Step R Fwd (5), Hold (6), Step L ¼ turn left (7), Hold (8) - (ending at 12:00)

JAZZ BOX (6 counts) WITH TOE STRUTS, TOUCH w/POSE

- 1-6 Step Crossing R Toe over L (1), Drop R Heel (2), Step L Toe back (3), Drop L Heel (4), Step R Toe to right side (5), Drop R hHel (6)
- 7 Touch L toe next to R and pose (7)

NOTE: Add a top hat and cane for added fun! For ideas, watch my videos.
