

Leave em Alone

拍數: 32 牆數: 4 級數: Low Improver
編舞者: Pat Esper (USA) - January 2022
音樂: Broadway Girls (feat. Morgan Wallen) - Lil Durk



Dance map: 32-32-32-32-16-32-32

[1-8]: Touch forward, Touch side, Weave quarter turn, Step, Heel swivel, Coaster step

- 1-2 Touch the right toes forward. Touch the right toes to the side.
3&4 Step the right foot behind the left. Make a quarter turn left stepping forward on the left foot, Step forward on the right foot.
5&6 Step forward on the left foot slightly, Swivel both heels to the left, Bring the heels to center
7&8 Step back on the left foot, Step the right foot next to the left, Step forward on the left foot.

[9-16]: Step-lock-step, Chase turn prep, Roll forward, NC2 basic left

- 1&2 Step forward on the right foot, Slide/lock the left foot behind the right, Step forward on the right foot.
3&4 Step forward on the left foot, Make a half turn over the right shoulder, Step forward on the left foot.
5&6 Pivot a quarter turn to the left stepping the right foot to the side, Pivot a half turn to the left stepping the left foot to the side, Turn a quarter turn to the left stepping forward on the right foot.
7-8& Step the left foot to the side, Drag the right foot over and behind the left into a rock, Recover onto the left foot.

[17-24]: Step, Hitch turn step, Rock/press, Recover, Coaster step, Heel switch, Step

- 1-2 Step the right foot to the side. Hitch the left heel over the right shin while turning a three quarter turn to the left and step forward on the left foot.
3-4 Rock forward on the right foot. Recover on the left foot.
5&6 Step back on the right foot, Step the left foot next to the right, Step forward on the right foot.
7&8 Touch the left heel forward, Step the left foot next to the right, Step the right foot forward.

[25-32]: Heel swivel quarter turn, Weave, Rock, Recover, Cross, Turn, Side, Step

- 1&2 Making a quarter turn to the left, Swivel the heel to the right-center-right-center.
3&4 Step the left foot behind the right, Step the right foot to the side, Step the left foot across the right.
5&6 Rock the right foot to the side, Recover onto the left foot, Step the right foot across the left.
7&8 Turning a quarter turn to the right, step back on the left foot, Turning a quarter turn to the right, step the right foot to the side, Step forward on the left foot.