

You Can Dance

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Vikki Morris (UK) - January 2022
音樂: Permission to Dance - BTS : (amazon)



Start: 32 counts

S1: Pivot ¼ L, R Cross, L Side, R Behind, L Ronde, L Behind, R Side

1 2 Step forward Right, Pivot ¼ turn Left (9 o clock)
3 4 Cross Right over Left, Step Left to Left side
5 6 Cross Right behind Left, Keeping toes on floor sweep Left out and around behind Right
7 8 Cross Left behind Right, Step Right to Right side

S2: Cross L, Ronde R, Cross R, L Side, R Behind, L Rock, Recover R, L Behind

1 2 Cross Left over Right, Keeping toes on floor sweep Right around and across Left
3 4 Cross Right over Left, Step Left to Left side
5 Cross Right behind Left
6 7 Rock Left to Left side, Recover on Right
8 Cross Left behind Right

S3: Ronde R 1/8 R, R Toe Strut, L Toe Strut, R Rock, Recover L, Back R, L 1/4 L

1 2 Keeping toes on floor sweep Right 1/8 turn Right as you touch Right toe forward, Slap heel down (10.30)
3 4 Touch Left toe forward, Slap heel down
5 6 Rock forward Right, Recover on Left
7 8 Step back Right, Turn ¼ Left stepping Left forward (7.30)

S4: R Toe Strut, L Toe Strut, R Jazz Box 1/8 R, Step L Fwd

1 2 Touch Right toe forward, Slap heel down
3 4 Touch Left toe forward, Slap heel down
5 6 Cross Right over Left, Step back on Left
7 8 Turn 1/8 turn Right as you step Right to Right side, Step Left forward (9 o clock)

S5: Pivot ½ L, L Full Turn, Walk R, L, R Kick Ball Change

1 2 Step forward Right, Pivot ½ turn Left (3 o clock)
3 4 Turn ½ turn Left stepping back on Right, Turn ½ turn Left stepping forward on Left
5 6 Walk forward Right, Walk forward Left
7&8 Low kick Right forward, Step Right next to Left, Step Left next to Right

S6: R Press, Heel Twist, Recover L, R Rock Back & Lift L Foot, Recover L, Walk R, Pivot ¼ R, Cross L

1&2 Press Right forward, Twist both heels to Right side, Twist back to centre with weight on Left
3 4 Rock back on Right as you slightly lift Left foot, Recover on Left
5 Walk forward Right
6 7 Step forward Left, Pivot ¼ turn Right (6 o clock)
8 Cross Left over Right

S7: R Side, HOLD, L Ball Step, R Side, HOLD, L Ball Step, R Rock, Recover L, R Behind L Side

1 2 Step Right to Right side, HOLD
&3 4 On ball of Left step Left next to Right, Step Right to Right side, HOLD
&5 6 On ball of Left Step Left next to Right, Rock Right to Right side, Recover on Left
7 8 Cross Right behind Left, Step Left to Left side

S8: Cross R, HOLD, L Ball Step, Cross R, L Side, R Back Rock, Recover L, Reverse ¼ L, Reverse ½ L

- 1 2 Cross Right over Left, HOLD
&3 4 On Ball of Left step Left to Left side, Cross Right over Left, Step Left to Left side
5 6 Rock back on Right, Recover Left (open body to Right diagonal in preparation for turn)
7 8 Turn ¼ turn Left stepping back on Right, Turn ½ turn Left stepping forward on Left (9 o clock)

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